



Office for Health
Improvement
& Disparities

National Drug Treatment Monitoring System (NDTMS)

Community Adult Business Definitions (Dataset R)

V1.3

Contents

Introduction	5
Purpose of NDTMS.....	7
Data entities.....	8
Client details.....	8
Episode details	8
Treatment intervention details	8
Sub-intervention Review (SIR)	8
Treatment Outcomes Profile (TOP)	9
Client Information Review (CIR)	9
Reporting alcohol treatment to NDTMS	10
Structured alcohol treatment.....	10
Brief interventions – what to report to NDTMS	11
NDTMS dataset fields	12
Client details.....	12
Episode Details.....	14
Treatment Intervention details	30
Sub-intervention Review (SIR) details	31
Treatment Outcomes Profile - TOP	33
Client Information Review (CIR)	38
Appendix A: definition of structured treatment and recovery support.....	49
Structured treatment definition.....	49
Recovery support definition	50
Appendix B: waiting times.....	51
Appendix C: referral sources for adults.....	54
Appendix D: housing situation	57
Appendix E: disability definitions.....	59
Appendix F: safeguarding questions' definitions.....	60
Appendix G: alcohol and drug treatment healthcare assessment.....	62
Purposes/aims.....	62
Verbal health assessment (general)	62

Drug and alcohol-related	63
Appendix H: mental health treatment definitions.....	65
Appendix I: adult discharge codes and discharge scenarios	67
Additional ‘transferred’ discharge codes for use by residential rehabilitation and inpatient detoxification providers only	68
Discharging clients as ‘transferred’	69
Treatment journey	70
Transfers to secure hospitals (Broadmoor, Rampton and Ashworth)	70
Appendix J: definitions of interventions and sub-interventions.....	71
Pharmacological sub-interventions.....	71
Psychosocial sub-interventions	75
Recovery support sub-interventions	78
Interventions flagging specific funding streams	84
Appendix K: setting.....	85
Appendix L: recording outcomes	88
TOP process map for clients in treatment at an adult service.....	89
TOP/YPOR process map for clients being transferred from a YP service to an adult service	90
Appendix M: brief interventions.....	92
Who is the target population?	92
Who should take action?	92
What action should they take?.....	92
What to report to NDTMS?	92
Appendix N: referral date to service.....	94
Scenarios	94
Appendix O: recording short residential rehab or secure setting stays	98
Discharging a client from a community service and transferring them to residential rehab or a secure setting	98
The client re-presents to the community service within 21 days of discharge	98
The client re-presents to the community service after 21 days or more	99
Appendix P: Combined Review Form (CRF)	100
Appendix Q: Changes to the NDTMS adult community dataset implemented in dataset R	103
Field being moved	103
Fields being removed	103

Fields being added 104

Reference data within appendices..... 105

Revision History 106

Introduction

The National Drug and Alcohol Monitoring System (NDTMS) is an English substance misuse treatment data collection that has been in place since 2004. This is hosted within the Office for Health Improvement and Disparities (OHID) in the Department of Health and Social Care.

Statistics derived from the collection (including those designated as Official and National Statistics) facilitate needs-assessment and targeting of resources, assessment of demand for services, evaluation of intervention/harm-reduction strategy effectiveness and service performance, service quality assurance and analyses of substance misusing populations. NDTMS data currently underpins key indicators that support the government's drug strategy.

NDTMS is a national standard and is applicable to young people and adults within community and secure setting-based treatment providers. The dataset is accredited by NHS Digital and the [Information Standard](#) is published under section 250 of the Health and Social Care Act 2012.

This document defines the items to be collected and utilised by NDTMS for use by adult drug and alcohol services within the community. Information and definitions relating to data collection by young people and secure settings can be found in the collection on [NDTMS.net](https://www.ndtms.net).

This document is intended to be a definitive and accessible source for use. It is not intended to be read from end to end, rather as a reference document which is utilised by a variety of readers, including:

- interpreters of data provided from OHID systems
- suppliers of systems to OHID
- suppliers of systems which interface to OHID systems
- OHID/National Drug Treatment Monitoring System (NDTMS) personnel

This document should not be used in isolation. It is part of a package of documents supporting the NDTMS dataset and reporting requirements.

Please read this document in conjunction with:

- NDTMS CSV File Format Specification – defines the format of the CSV file used as the primary means of inputting the core dataset into NDTMS

- NDTMS technical definitions – provides the full list of fields that are required in the CSV file and the verification rules for each item
- NDTMS geographic information – provides locality information eg UTLA of residence
- NDTMS reference data – provides permissible values for each data item

These definitions and guidance documents can be found on the [NDTMS.net website](https://www.ndtms.net).

To assist with the operational handling of CSV input files, each significant change to the NDTMS dataset is allocated a letter. The current version (commonly referred to as the NDTMS dataset Q) for national data collection will come into effect on 1 April 2022.

NDTMS is a consented to dataset meaning that all clients should give informed and evidenced consent for their information to be shared with NDTMS. For further details, refer to the [NDTMS consent and confidentiality guidelines](#) and [IPS consent and privacy notices](#).

Purpose of NDTMS

The data items contained in the NDTMS dataset are intended to:

- provide measurements that support the outcome and recovery focus of the government's drug strategy, such as:
 - proportion of clients successfully completing treatment
 - proportion of clients that do not return to treatment following a successful completion
 - value for money
 - housing and employment
 - health and quality of life outcomes
 - support for children and families of drug and alcohol dependent people
- provide information which can be used to monitor how effective drug and alcohol treatment services are and help to plan and develop services that better meet local needs
- produce statistics and support research about drug and alcohol use treatment
- provide measurements to support the Public Health Outcomes Framework

Data entities

The NDTMS dataset consists of fields that are updateable (such as the client's postcode) and fields that should not change and should be completed as per the start of the episode (such as the client's ethnicity). For some episode fields we require the most up to date information and these updates should be made on the Client Information Review (CIR) form, so that the episode field can give us a baseline to monitor change. The NDTMS [dataset fields table](#) details for each data item the question, the definition and whether it is updateable during the episode of treatment or whether the information reported should be as per the start of the episode. In general, all data is required.

The data items listed in this document may be considered as belonging to 1 of 6 different sections, which are used throughout this document.

Client details

Details pertaining to the client including initials, date of birth, sex, ethnicity and country of birth.

Episode details

Details pertaining to the current episode of treatment, including information gained at triage, such as geographic information, protected characteristic information, problem substance/s, parent and child status, BBV, etc. A treatment episode includes time spent in treatment at one provider, where they record one triage date and one discharge date but can (and in most circumstances will) include multiple treatment interventions. Multiple treatment episodes make up a treatment journey (see [Appendix I](#) for treatment journey definition).

Treatment intervention details

Details regarding which high-level intervention/s the client has received and the relevant dates.

Sub-intervention Review (SIR)

Details regarding which sub-interventions the client has received since treatment start or since the last SIR. SIRs should be completed at least every 6 months (but can be completed more frequently if this would be of use locally) and at discharge from treatment. They should be completed retrospectively and can be completed by the keyworker without the client present.

See [Appendix J](#) for definitions of the different sub-interventions.

Treatment Outcomes Profile (TOP)

The Treatment Outcomes Profile (TOP) should be completed with all clients in adult services. It should be completed at treatment start, at 3 months, at 6 months and then every 6 months during treatment and at discharge. It can be completed more frequently if deemed of use locally. TOP should be completed by the keyworker with the client to review their substance use behaviour and thoughts in the last 28 days.

See [Appendix L](#) for more information on completing TOP.

Client Information Review (CIR)

The CIR contains updateable information for some of the episode level questions, including parental status and children information, BBV information and mental health. CIR questions should be reviewed with the client every 6 months and a full CIR should be submitted to NDTMS. One should also be completed on discharge. Updates to any CIR data items, such as BBV fields, may be submitted to NDTMS as and when they occur on a partial CIR, but the latest information should also be populated on the full CIR when it is completed.

Together, the TOP, SIR and CIR form the Combined Review Form (CRF). See [Appendix P](#) for more information on completing the CRF.

Reporting alcohol treatment to NDTMS

Structured alcohol treatment

Structured alcohol treatment consists of a comprehensive package of concurrent or sequential specialist alcohol-focused interventions. It addresses multiple or more severe needs that would not be expected to respond, or have already not responded, to less intensive or non-specialist interventions alone.

Structured treatment requires a comprehensive assessment of need, and is delivered according to a recovery care plan, which is regularly reviewed with the client. The plan sets out clear goals which include change to substance use, and how other client needs will be addressed in one or more of the following domains: physical health; psychological health; social well-being; and, when appropriate, criminal involvement and offending. All interventions must be delivered by competent staff, within appropriate supervision and clinical governance structures.

Structured alcohol treatment provides access to specialist medical assessment and intervention and works jointly with mental and physical health services and safeguarding and family support services according to need.

In addition to pharmacological and psychosocial interventions that are provided alongside, or integrated within, the key working or case management function of structured treatment, service users should, as appropriate, be provided with:

- information and immunisation
- advocacy
- appropriate access and referral to healthcare and health monitoring
- crisis and risk management support
- referral to homelessness and housing support
- education
- training and employment support
- family support
- mutual aid/peer support

Brief interventions – what to report to NDTMS

One-off brief interventions or extended brief interventions for alcohol use should not be reported to NDTMS.

Extended brief interventions should only be reported to NDTMS where the service has provided an assessment and care plan followed by brief treatment comprising multiple planned Extended Brief Intervention (EBI) sessions with a treatment goal of abstinence or reducing consumption. This can be recorded under the psychosocial sub-intervention 'motivational interventions ([Appendix M contains further information on brief interventions](#) and what can be reported to NDTMS).

NDTMS dataset fields

Note: Where items are designated as 'should not change', this does not include corrections or moving from a null in the field to it being populated.

Client details

Field description	CSV header	Definition	Field updatability
Client ID	CLIENTID	A mandatory, unique technical identifier representing the client, as held on the clinical system used by the treatment provider. This should be a technical item and must not hold or be composed of attributors which might identify the individual. A possible implementation of this might be the row number of the client in the client table.	Must be completed. If not, the record will be rejected. This is populated by your software system. Should not change.
Initial of client's first name	FINITIAL	The first initial of the client's first name eg Max would be 'M'. If a client legally changes their name this should be updated on your system. This will create a mismatch at your next submission for which you should select 'replace' or 'delete'.	Must be completed. If not, the record will be rejected. Should not change (record as per start of episode) unless client legally changes their name. If changed, it will create a validation mismatch.
Initial of client's surname	SINITIAL	The first initial of the client's surname eg Smith would be 'S', O'Brian would be 'O' and McNeil would be 'M'. If a client legally changes their name this should be updated on your system. This will create a mismatch at your next submission for which you should select 'replace' or 'delete'.	Must be completed. If not, the record will be rejected. Should not change (record as per start of episode) unless client legally changes their name. If changed, it will create a validation mismatch.

Field description	CSV header	Definition	Field updatability
Client birth date	DOB	The day, month and year that the client was born.	Must be completed. If not, the record will be rejected. Should not change (record as per start of episode). If changed, it will create a validation mismatch.
Client stated sex	SEX	The sex as stated by the client on their birth certificate or gender recognition certificate.	Must be completed. If not, the record will be rejected. Should not change (record as per start of episode). If changed, it will create a validation mismatch.
Ethnicity	ETHNIC	The ethnicity that the client states as defined in the Office of Population Censuses and Surveys (OPCS) categories. If a client declines to answer, then 'not stated' should be used. If client does not know then 'Ethnicity is unknown' should be used.	Should not change (record as per start of episode).
Country of birth	NATION	Country of birth. Kosovo should be recorded as Serbia as per NHS data dictionary.	Should not change (record as per start of episode).
Agency code	AGNCY	A unique identifier for the treatment provider that is defined by the regional NDTMS team eg L0001.	Must be completed. If not, the record will be rejected. This is populated by your software system. Should not change. If changed file will fail on validation.
Client reference	CLIENT	A unique number or ID allocated by the treatment provider to a client. The client reference should remain the same within a treatment provider for a client during all treatment episodes. This must not hold or be composed of attributors which might identify the individual.	Should not change and should be consistent across all episodes at the treatment provider.

Episode Details

Field description	CSV header	Definition	Field updatability
Episode ID	EPISODID	A mandatory, unique technical identifier representing the episode, as held on the clinical system used at the treatment provider. This should be a technical item and should not hold or be composed of attributors which might identify the individual. A possible implementation of this might be the row number of the episode in the episode table.	Must be completed. If not, the record will be rejected. This is populated by your software system. Should not change.
Software system and version used	CMSID	A mandatory, system identifier representing the clinical system and version used at the provider.	Must be completed. If not, the record will be rejected. This is populated by your software system. May change (record as per current situation).
Consent for NDTMS	CONSENT	Whether the client has agreed for their data to be shared with NDTMS. Informed and evidenced consent must be sought from all clients. Further information on NDTMS consent and privacy notices is available.	Client must give informed and evidenced consent before their information can be sent to NDTMS. May change (record as per current situation).
Consent for IPS	IPSCONSENT	Whether the client has agreed for their IPS data to be shared with NDTMS. Informed and evidenced consent must be sought from all clients. Further information on NDTMS IPS consent and privacy notices is available. A client can consent to share their data with NDTMS and not consent to providing IPS data.	IPS client must give informed and evidenced consent before their IPS information can be sent to NDTMS. May change (record as per current situation).
National Insurance Number (IPS)	IPSNINUM	National Insurance Number only applicable to clients participating in IPS.	Should not change (record when IPS starts).

Field description	CSV header	Definition	Field updatability
		The National Insurance Number is a reference number that is issued to a person by the Department for Work and Pensions (DWP) / HM Revenue and Customs (HMRC) for participants in the National Insurance Scheme.	
Full postcode of residence (IPS)	IPSPC	The full postcode of the client's place of residence, this postcode should not be truncated. If a client states that they are of no fixed abode, postcode should be ZZ99 3VZ. Full postcodes should only be submitted if the client has given IPS consent.	May change (record as per current living situation).
Postcode	PC	The postcode of the client's place of residence. The postcode should be truncated by your system when extracted for NDTMS (the final 2 characters of the postcode should be removed eg 'NR14 7UJ' would be truncated to 'NR14 7'). If a client states that they are of no fixed abode or they are normally resident outside of the UK, then the default postcode ZZ99 3VZ should be recorded (and truncated on extract).	May change (record as per current living situation).
Upper tier local authority	UTLA	This field will be electronically mapped by software providers based on the postcode of the client. Treatment providers do not need to complete this field. The upper tier local authority (UTLA) in which the client normally resides (as defined by the postcode of their normal residence). If the client is resident in Scotland, Wales, Northern Ireland or outside of the UK record the code that reflects this. If a client states that they are of no fixed abode then for a structured community provider the UTLA of the treatment provider should be used as a proxy, and for residential treatment providers the UTLA of the referring partnership should be used as a proxy. Although the	MUST be completed. If not, the data may be excluded for performance monitoring reports. May change (record as per current living situation).

Field description	CSV header	Definition	Field updatability
		<p>housing situation is the status at the start of the episode, the UTLA is the current situation.</p> <p>See NDTMS Geographic Information document for a list of UTLA codes.</p>	
Lower tier local authority	LTLA	<p>This field will be electronically mapped by software providers based on the postcode of the client. Treatment providers do not need to complete this field.</p> <p>The lower tier local authority (LTLA) in which the client normally resides (as defined by the postcode of their normal residence).</p> <p>If the client is resident in Scotland, Wales, Northern Ireland or outside of the UK record the code that reflects this.</p> <p>If a client states that they are of no fixed abode then for a structured community provider the LTLA of the treatment provider should be used as a proxy, and for residential treatment providers the LTLA of the referring partnership should be used as a proxy. Although the housing situation is the status at the start of the episode, the LTLA is the current situation.</p> <p>See NDTMS Geographic Information document for a list of LTLA codes.</p>	<p>MUST be completed.</p> <p>May change (record as per current living situation).</p>
Referred to service date	REFLDSERV	<p>Date client was initially referred to this service for structured or non-structured treatment. For example, it would be the date a referral letter was received, the date a referral phone call or fax was received or the date the client self-referred.</p> <p>For scenario examples, see Appendix N.</p>	<p>Should not change (record as per start of episode).</p>
Referral date	REFLD	The date that the client was referred for this episode of structured	Must be completed. If not, data

Field description	CSV header	Definition	Field updatability
		treatment. For example, it would be the date a referral letter was received, the date a referral phone call or fax was received or the date the client self-referred. For scenario examples and how this date is used in waiting times calculations, see Appendix B .	may be excluded from performance monitoring reports. Should not change. If changed, it will create a validation mismatch.
Referral source	RFLS	The source or method by which a client was referred for this treatment episode. See Appendix C for a list of referral sources and definitions.	Must be completed. If not, data may be excluded from performance monitoring reports. Should not change.
Triage date	TRIAGED	The date that the client made a first face-to-face (or equivalent) presentation to this treatment provider for structured treatment. If the client is in non-structured treatment and during this time, it is established that there is a requirement for structured treatment, the non-structured episode should be closed, and a new structured episode should be opened in which the triage date should be recorded as the date that it was agreed that they require structured treatment. This will ensure that waiting times for structured treatment can be accurately calculated. For scenario examples see Appendix B .	Should not change (record as per start of episode).
Previously treated	PREVTR	Has the client ever received structured drug or alcohol treatment at this or any other treatment provider?	Should not change (record as per start of episode).
TOP care coordination	TOPCC	Does the treatment provider currently have care coordination responsibility for the client in regard to completing the TOP information when appropriate during the client's time in structured treatment? If the client is being treated at more than one provider then the services must decide which one completes the TOP.	May change (record as per current situation).
Client stated sexual orientation	SEXUALO	The sexual orientation that the client states. If a client declines to answer, then 'not stated' should be used.	Should not change (record as per start of episode).

Field description	CSV header	Definition	Field updatability
Pregnant	PREGNANT	Is the client pregnant?	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
Religion	RELIGION	The religion or belief of the client. If a client declines to answer, then 'declines to disclose' should be used.	Should not change (record as per start of episode).
Disability 1	DISABLE1	Whether the client considers themselves to have a disability. If a client declines to answer, then 'not stated' should be entered and DISABLE2 and DISABLE3 should be left blank. If the client has no disability, then 'no disability' should be entered and DISABLE2 and DISABLE3 should be left blank. Refer to Appendix E for disability definitions.	Should not change (record as per start of episode).
Disability 2	DISABLE2	Whether the client considers themselves to have a second disability. If the client has no second disability, then this field should be left blank. Refer to Appendix E for disability definitions.	Should not change (record as per start of episode).
Disability 3	DISABLE3	Whether the client considers themselves to have a third disability. If the client has no third disability, then this field should be left blank. Refer to Appendix E for disability definitions.	Should not change (record as per start of episode).
What is the client's current housing situation?	HOUSING	The client's current housing situation refers to the 28 days prior to treatment start. Appendix D describes the reference data for this item and the relevant definitions for adult services.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
Is the client threatened with homelessness in the next 56 days (8	HOMELESS	Homelessness Reduction Act 2017 places a duty on housing authorities to work with people who are threatened with homelessness within 56 days to help prevent them from becoming homeless.	Should not change (record as per start of episode). Updates to this field should be made on Client Information

Field description	CSV header	Definition	Field updatability
weeks)?			Review.
Employment status	EMPSTAT	The employment status of the client. If a client declines to answer, then 'not stated' should be used.	Should not change (record as per start of episode).
Time since last paid employment	TSLPE	How long has it been (in years) since the client was last in paid legal employment (not including any paid work whilst in custody)? This can include cash in hand work. This field should be populated if EMPSTAT is not 'regular employment'. If a client declines to answer, then 'client declined to answer' should be used.	Should not change (record as per start of episode).
British Armed Forces veteran	VETERAN	Is the client a veteran of the British Armed Forces? Veterans have a higher incidence of substance misuse (and mental health issues) than the general population. The purpose of this question is to better understand the needs of British veterans with respect to substance misuse and their engagement in treatment and subsequent outcomes. British armed forces include: Royal Navy, Royal Marines, British Army, Royal Air Force, Regular Reserve, Volunteer Reserves or Sponsored Reserves.	Should not change (record as per start of episode).
Parental responsibility	PARENT	At treatment start, does the client have parental responsibility for a child aged under 18? A child is a person who is under 18 years of age. Parental responsibility should include biological parents, step-parents, foster parents, adoptive parents and guardians. It should also include de facto parents where a client lives with the parent of a child or the child alone (eg clients who care for younger siblings or grandchildren) and have taken on full or partial parental responsibilities. Parental responsibility as used here is wider than the legal definition of parental responsibility.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.

Field description	CSV header	Definition	Field updatability
If client has parental responsibility, do any of these children live with the client?	PRNTSTAT	If the client has parental responsibility (PARENT = yes), record whether none of, some of or all of the children they are responsible for live with the client the majority of the time. A child is a person who is under 18 years old. See Appendix F for data items and definitions.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
How many children under 18 in total live in the same house as the client?	CHILDWTH	The total number of children under 18 that live in the same household as the client at least one night a fortnight. The client does not necessarily need to have parental responsibility for the children. Due to this being a numerical field, record code '98' as the response if the client has declined to answer.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
If client has parental responsibility and/or children living with them, what help are the children receiving? (1)	EHCS	What help are the client's children and/or any other children living with the client receiving? This question only applies to the children aged under 18 for which the client has parental responsibility (regardless of whether this child lives with the client or not) and to children aged under 18 living with the client (regardless of whether the client has parental responsibility or not). If more than one option applies, then complete EHCS2 and EHCS3 as appropriate. If none of the children are receiving any help record 'None of the children are receiving any help' and leave EHCS2 and EHCS3 blank. If the client declines to answer record 'client declined to answer' and leave EHCS2 and EHCS3 blank. See Appendix F for data items and definitions.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
If client has parental responsibility and/or children living with them, what help are the children	EHCS2	What further help are the client's children and/or any other children living with the client receiving? If more than two options apply, then complete EHCS3 as appropriate. If the client declines to answer or if no help is being received, then this	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.

Field description	CSV header	Definition	Field updatability
receiving? (2)		field should be left blank. See Appendix F for data items and definitions.	
If client has parental responsibility and/or children living with them, what help are the children receiving? (3)	EHSC3	What further help are the client's children and/or any other children living with the client receiving? If the client declines to answer or if no help is being received, then this field should be left blank. See Appendix F for data items and definitions.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
Problem substance number 1	DRUG1	The substance that brought the client into treatment at the point of triage/initial assessment, even if they are no longer actively using this substance. If a client presents with more than one substance the provider is responsible for clinically deciding which substance is primary.	Must be completed. If not, the record will be rejected Should not change (record as per start of episode).
Age of first use of problem substance number 1	DRUG1AGE	The age that the client recalls first using the problem substance number 1.	Should not change (record as per start of episode).
Problem substance number 2	DRUG2	An additional substance that brought the client into treatment at the point of triage/initial assessment, even if they are no longer actively using this substance. If no second problem substance, then leave this field blank.	Should not change (record as per start of episode).
Problem substance number 3	DRUG3	An additional substance that brought the client into treatment at the point of triage/initial assessment, even if they are no longer actively using this substance. If no third problem substance, then leave this field blank.	Should not change (record as per start of episode).
Injecting status	INJSTAT	Is the client currently injecting, have they ever previously injected or never injected?	Should not change (record as per start of episode).
SADQ score	SADQ	The Severity of Alcohol Dependence Questionnaire (SADQ) is a short, self-administered, 20-item questionnaire designed by the	Should not change (record as per start of episode).

Field description	CSV header	Definition	Field updatability
		Addiction Research Unit, Maudsley Hospital to measure severity of dependence on alcohol and recommended in NICE Clinical Guideline CG115 . The score of the questionnaire (0 to 60) should be recorded if the service uses this tool. If the SADQ is not used, score is unknown, or another tool is used, complete with 98 for 'information not available' and use 99 for 'client declined to answer'.	
Health care assessment date	HLCASSDT	The date that the initial health care assessment was completed in accordance to defined local protocols. The full scope and depth of the assessment will vary according to the presenting needs of the client, but should include an initial assessment of the client's physical health and mental health needs. Any arising needs should form part of the care plan, and would be directly responded to by the treatment provider itself or, where health needs are more specialised (eg dental care, sexual health), a formal referral is made to an appropriately qualified professional and followed up and reviewed by the drug or alcohol worker as part of the ongoing delivery of the care plan. See Appendix G for further information on drug and alcohol treatment health care assessment.	Should not change (record as per start of episode – to be completed when initial health care assessment is completed). Dates of subsequent health care assessments should be recorded on the Client Information Review.
Hep B intervention status	HEPBSTAT	Within the current treatment episode, whether the client was offered a vaccination for hepatitis B, whether that offer was accepted by the client and whether they have commenced/completed vaccinations. For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document .	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
Hep C intervention status	HEPCSTAT	Within the current treatment episode, whether the client was offered a test for hepatitis C, whether that offer was accepted by the client and whether they have had a test. For further information on recording BBV details, refer to the	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.

Field description	CSV header	Definition	Field updatability
		Recording NDTMS data about blood-borne virus interventions document.	
Hep C test date	HEPCTSTD	<p>Date that the client was last tested for hepatitis C (at/prior to episode start). If the exact date is not known, then the first of the month should be used if that is known. If only the year is known, then 1 January for that year should be used.</p> <p>Subsequent hepatitis C test dates should be recorded on the CIR.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p> <p>More information on how to record BBV data can be found on the National Treatment Agency website.</p>	<p>Should not change (record as per start of episode).</p> <p>Test dates post episode start should be recorded on Client Information Review.</p>
Hep C antibody test status	HCVAS	<p>What is the result of the client's hepatitis C antibody test (at/prior to episode start)? This is the first test (before PCR test) which looks for hepatitis C antibodies in the client's blood.</p> <p>If the client has never had a test this field should be left blank.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review.</p>
Hep C PCR test status	HCVPCR	<p>What is the result of the client's hepatitis C PCR test (at/prior to episode start)? The PCR test is usually the second test (after antibody test) which looks at whether the hepatitis C virus is reproducing in the client's body.</p> <p>If the client has never had a test this field should be left blank.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review.</p>

Field description	CSV header	Definition	Field updatability
Has the client been referred for hep C treatment?	REFHEPCTX	Has the client been referred for hepatitis C treatment at treatment start? Whether or not the client has been referred for hepatitis C treatment; either in-house or the client has been referred to secondary care.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
Referred to Hep C treatment date	REFHEPCTX DT	Date that the client was referred to hepatitis C treatment.	Should not change (record as per start of episode). Test dates post episode start should be recorded on Client Information Review.
Is client HIV positive?	HIVSTAT	Is the client HIV positive? This can either be self-reported or based on evidence of a test result. Record the most recent test result, regardless of when that test was. If the client has never been tested record 'unknown'.	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.
HIV latest test date	HIVTESTDT	Date that the client was last tested for HIV (at/prior to episode start). If the exact date is not known, then the first of the month should be used if that is known. If only the year is known, then 1 January for that year should be used. Subsequent HIV test dates should be recorded on the CIR. For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document .	Should not change (record as per start of episode). Test dates post episode start should be recorded on Client Information Review.
Referral for alcohol related liver disease	LIVSCRN	Has the client been referred to GP, alcohol nurse or specialist in liver disease for an investigation for alcohol-related liver disease in the 28 days prior to triage? A referral for an investigation for alcohol-related liver disease could	Should not change (record as per start of episode). Updates to this field should be made on Client Information Review.

Field description	CSV header	Definition	Field updatability
		<p>include:</p> <ul style="list-style-type: none"> a referral for initial tests including liver blood tests or a fibroscan (transient elastography) delivered by a GP surgery or an alcohol nurse a referral to a specialist doctor in liver disease for diagnosis and treatment in a hospital outpatient or an in-patient setting <p>The referral does not necessarily have to have been made by the treatment provider eg the service user could have been referred by a GP who has already carried out an initial test and referred to a liver specialist.</p>	
Has the client been issued with Naloxone at episode start?	NALOXISS	<p>Whether the client has been issued with either injectable or nasal naloxone (or both) by provider at treatment start.</p> <p>If the client is already in possession of naloxone record 'No – client already in possession of adequate naloxone'.</p> <p>If the client has 'accepted' naloxone but not physically been issued with it, record 'No - accepted but not yet issued'</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review.</p>
Has the client ever been administered with Naloxone to reverse the effects of an overdose?	NALOXAD	<p>At treatment start, has the client ever been administered with naloxone (either injectable or nasal) to reverse the effects of an overdose?</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review.</p>
Mental health treatment need	MHTHTN	<p>Does the client have a mental health treatment need? Mental health treatment need includes:</p> <ul style="list-style-type: none"> common mental illness (eg anxiety, depression) either current 	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review.</p>

Field description	CSV header	Definition	Field updatability
		<p>diagnosis or currently experiencing symptoms/behaviours (where the symptoms are not considered to be simply due to acute psychoactive effects of substances consumed or due to current withdrawals)</p> <ul style="list-style-type: none"> serious mental illness (eg, psychosis, schizophrenia, personality disorder) either current diagnosis, or currently experiencing symptoms/behaviour (where the symptoms are not considered to be simply due to acute psychoactive effects of substances consumed or due to current withdrawals) mental health crisis (person is currently suicidal or indicating a risk of harm to self or others). This is determined either by the client's self-report or by formal assessment <p>If client declines to answer, then record 'Client declined to answer'.</p>	
Receiving treatment for mental health need(s) (1)	CRTMHN	<p>If the client has a mental health treatment need (MHTN = 'Yes') record whether they are receiving treatment for their mental health need(s). This could include pharmacological and/or talking therapies/psychosocial support.</p> <p>If more than one option applies, then complete CRTMHN2 and CRTMHN3 as appropriate.</p> <p>If 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' are recorded, then leave CRTMHN2 and CRTMHN3 blank.</p> <p>See Appendix H for options and definitions.</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review</p>
Receiving treatment for mental health	CRTMHN2	Is the client receiving further treatment for their mental health need(s)?	Should not change (record as per start of episode).

Field description	CSV header	Definition	Field updatability
need(s) (2)		<p>This could include pharmacological and/or talking therapies/psychosocial support.</p> <p>If more than two options apply, then complete CRTMHN3 as appropriate.</p> <p>If CRTMHN is answered as 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' then leave CRTMHN2 and CRTMHN3 blank.</p> <p>See Appendix H for options and definitions.</p>	Updates to this field should be made on Client Information Review
Receiving treatment for mental health need(s) (3)	CRTMHN3	<p>Is the client receiving further treatment for their mental health need(s)?</p> <p>This could include pharmacological and/or talking therapies/psychosocial support.</p> <p>If CRTMHN is answered as 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' then leave CRTMHN2 and CRTMHN3 blank.</p> <p>See Appendix H for options and definitions.</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review</p>
Has the client ever been the victim of domestic abuse*?	DOMVIC	<p>The Domestic Abuse Act 2021, for the first time, introduced a statutory definition for domestic abuse. The behaviour of one person towards another is considered domestic abuse if it is “abusive”, and both are aged 16+ and are “personally connected” to one another, irrespective of where they live. The Act recognises children as victims if they “see, hear or otherwise experience the effects of abuse” and are related to either the abuser or abused. The term “Abusive” can refer to: physical or sexual abuse; violent or threatening behaviour; controlling or coercive behaviour and gaslighting; economic abuse; psychological abuse; female genital mutilation (FGM); ‘honour-based’ violence and more.</p> <p>Clients may be reluctant to disclose that they have been the victim of</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review</p>

Field description	CSV header	Definition	Field updatability
		<p>domestic abuse when they start treatment. In order to get a true reflection, this item should be updated if being the victim of domestic abuse prior to entering the secure estate is disclosed during treatment. If the client disclosed being the victim of domestic abuse at the start of the episode, this should not be updated even if they report that they are no longer the victim of domestic abuse.</p> <p>Record 'Not appropriate to ask' if you are not alone, there is a language barrier or staff are not confident to ask this question etc.</p>	
Has the client ever abused* someone close to them?	DOMPER	<p>The Domestic Abuse Act 2021, for the first time, introduced a statutory definition for domestic abuse. The behaviour of one person towards another is considered domestic abuse if it is “abusive”, and both are aged 16+ and are “personally connected” to one another, irrespective of where they live. The Act recognises children as victims if they “see, hear or otherwise experience the effects of abuse” and are related to either the abuser or abused. The term “Abusive” can refer to: physical or sexual abuse; violent or threatening behaviour; controlling or coercive behaviour and gaslighting; economic abuse; psychological abuse; female genital mutilation (FGM); ‘honour-based’ violence and more.</p> <p>Clients may be reluctant to disclose that they have been the victim of domestic abuse when they start treatment. In order to get a true reflection, this item should be updated if being the victim of domestic abuse prior to entering the secure estate is disclosed during treatment. If the client disclosed being the victim of domestic abuse at the start of the episode, this should not be updated even if they report that they are no longer the victim of domestic abuse.</p> <p>Record 'Not appropriate to ask' if you are not alone, there is a language barrier or staff are not confident to ask this question etc.</p>	<p>Should not change (record as per start of episode).</p> <p>Updates to this field should be made on Client Information Review</p>

Field description	CSV header	Definition	Field updatability
Has the client ever received money or goods in exchange for sex?	SEXWORK	<p>Goods can include accommodation, shelter, substances, food and others.</p> <p>Sexual services can include sexual intercourse, webcamming, erotic massage, on the street, on premises, among others.</p> <p>This can be done independently or controlled by someone else.</p>	Should not change (record as per start of episode).
Discharge date	DISD	<p>The date that the client was discharged, ending the current structured treatment episode. If a client has had a planned discharge, then the date agreed within this plan should be used. If a client's discharge was unplanned then the date of last face-to-face (or equivalent) contact with the treatment provider should be used. If a client has had no contact with the treatment provider for 2 months then for NDTMS purposes it is assumed that the client has exited treatment and a discharge date should be returned at this point using the date of the last face-to-face (or equivalent) contact with the client. It should be noted that this is not meant to determine clinical practice and it is understood that further work beyond this point to re-engage the client with treatment may occur.</p> <p>If a client is discharged from treatment and then re-presents for further treatment at a later date, the expectation is that the client should be reassessed and a new episode created with a new triage date. If this proves burdensome, we can accept the reopening of the client's previous episode (by removing discharge date and discharge reason) as long as the gap between discharge from the old episode and re-presentation is less than 21 calendar days. In this scenario, the previous interventions should remain closed and new interventions should be opened.</p>	Discharge date required when client is discharged. ALL structured interventions must now have end dates. Discharge reason must be given.
Discharge reason	DISRSN	The reason why the client's episode of structured treatment was ended. For discharge codes and definitions see Appendix I .	Discharge reason required when client is discharged. Discharge date must be given. Should only change from 'null' to populated as episode progresses.

Treatment Intervention details

Field description	CSV header	Definition	Field updatability
Intervention ID	MODID	A mandatory, unique technical identifier representing the intervention, as held on the clinical system used at the treatment provider. This should be a technical item, and should not hold or be composed of attributors which might identify the individual. A possible implementation of this might be the row number of the intervention in the modality table.	Must be completed. If not, the record will be rejected This is populated by your software system. Should not change.
Date referred to intervention	REFMODDT	The date that it was mutually agreed that the client required this intervention of treatment. For the first intervention in an episode, this should be the date that the client was referred into the treatment system requiring a structured intervention. For subsequent interventions, it should be the date that both the client and the keyworker agreed that the client is ready for this intervention. For scenario examples and how this date is used in waiting times calculations, see Appendix B of this document.	Waiting times are calculated using this field. Must be completed for all interventions. Should not change. If changed, it will create a validation mismatch.
Date of first appointment offered for intervention	FAOMODDT	The date of the first appointment offered to commence this intervention. This should be mutually agreed to be appropriate for the client.	Waiting times are calculated using this field. Should not change.
Treatment intervention	MODAL	The treatment intervention a client has been referred for/commenced within this treatment episode as defined in Appendix J of this document. A client may have more than one treatment intervention running sequentially or concurrently within an episode and may have more	Required as soon as the intervention is known. Should not change (record as per intervention start). If changed, it will create a validation mismatch.

Field description	CSV header	Definition	Field updatability
		than one of the same type running concurrently as long as the setting in each are different.	
Intervention setting	MODSET	Each provider has their own default setting. If a client is being treated in a setting other than their default, then this field should be populated. This could include where treatment is being delivered by a provider that does not normally report to NDTMS. If this field is left blank the default setting will be assumed. See Appendix K for a definition of the different setting types.	Can be left blank for default setting. Should not change (record as per intervention start).
Intervention start date	MODST	The date that the stated treatment intervention commenced, eg when the client attended their first appointment.	Required field when client starts intervention. Trigger for waiting times to be calculated. Should only change from 'null' to populated as episode progresses. If changed, it will create a validation mismatch.
Intervention end date	MODEND	The date that the stated treatment intervention ended. If the intervention has had a planned end, then the date agreed within the plan should be used. If it was unplanned then the date of last face-to-face (or equivalent) contact date within the intervention should be used.	Required field when client completes intervention or is discharged. Should only change from 'null' to populated as episode progresses.

Sub-intervention Review (SIR) details

Field description	CSV header	Definition	Field updatability
Sub-intervention	SUBMID	A mandatory, unique technical identifier representing the sub-	Must be completed if any items in

Field description	CSV header	Definition	Field updatability
ID		intervention, as held on the clinical system used at the treatment provider. This should be a technical item, and should not hold or be composed of attributors which might identify the individual.	this section (SIR) are not null. If not, the record will be rejected This is populated by your software system. Should not change.
Sub-intervention assessment date	SUBMODDT	The date that the sub-intervention review was completed.	Must be completed each time a sub-intervention review is completed. Should not change. If changed, it will create a validation mismatch.
Proportion of face-to-face appointments with keyworker	SUBPROPFT F	To capture how interventions are being delivered, eg telephone, online audio, online video call, app, face-to-face etc.	Should not change (record as per sub-intervention review date).
Illicit opiate/opioid drug test result	SUBODTR	Result of latest drug test for clients within 3 months of the Sub Intervention Review date and conducted while receiving Opioid Substitution Treatment (OST) for presence of illicit opiates. Illicit opiates are any opiates not prescribed to the client or available over the counter. Results of tests conducted at initiation of treatment should not be reported.	Not expected to change (record as per sub intervention review date).
Cocaine drug test result	SUBCDTR	Result of latest drug test for clients within 3 months of the Sub Intervention Review date and conducted while receiving Opioid Substitution Treatment (OST) for presence of cocaine. Results of tests conducted at initiation of treatment should not be reported.	Not expected to change (record as per sub intervention review date).
Current opioid prescribing intention	SUBOPPI	Current opioid prescribing intention. If client not currently prescribed, record latest prescribing intention in the review period.	Not expected to change (record as per sub intervention review date).

Field description	CSV header	Definition	Field updatability
Sub-interventions received	Various headers	The sub-interventions that have been received since the previous review was completed. If it is the first review, then it will be the sub-interventions since the client commenced their latest treatment episode. Sub-interventions should be submitted at a minimum of every 6 months while a client remains in one or more of the 3 high-level intervention types (psychosocial, pharmacological or recovery support). When a client finishes structured treatment, a sub-intervention review should be completed to cover the period since the start of treatment or last review (whichever is the latter). See Appendix J for the sub-intervention types.	Should not change (record as per sub-intervention review date).

Treatment Outcomes Profile - TOP

Field description	CSV header	Definition	Field updatability
TOP ID	TOPID	A mandatory, unique technical identifier representing the TOP, as held on the clinical system used at the treatment provider. This should be a technical item, and should not hold or be composed of attributors which might identify the individual. A possible implementation of this might be the row number of the TOP in the TOP table.	Must be completed if any items in this section (TOP) are not null. If not, the record will be rejected This field is populated by your software system. Should not change.
Treatment Outcomes Profile (TOP) date	TOPDATE	Date of most recent outcomes review. All data within this TOP should reflect the 28 days prior to this TOP date. See Appendix L for further details and outcomes process maps.	Should not change (record as per TOP date). If changed, it will create a validation mismatch.
Alcohol use	ALCUSE	Number of days in previous 28 days that client has used alcohol.	Should not change (record as per TOP date).

Field description	CSV header	Definition	Field updatability
Consumption	CONSMP	Typical number of alcohol units consumed on a drinking day in the last 28 days.	Should not change (record as per TOP date).
Opiate use	OPIUSE	Number of days in previous 28 days that client has used opiates.	Should not change (record as per TOP date).
Crack use	CRAUSE	Number of days in previous 28 days that client has used crack.	Should not change (record as per TOP date).
Cocaine use	COCAUSE	Number of days in previous 28 days that client has used powder cocaine.	Should not change (record as per TOP date).
Amphetamine use	AMPHUSE	Number of days in previous 28 days that client has used amphetamines.	Should not change (record as per TOP date).
Cannabis use	CANNUSE	Number of days in previous 28 days that client has used cannabis.	Should not change (record as per TOP date).
Other drug use	OTDRGUSE	Number of days in previous 28 days that client has used another problem drug.	Should not change (record as per TOP date).
Tobacco use	TOBUSE	Number of days in previous 28 days that the client smoked tobacco, in whatever form (ready-made cigarettes, hand-rolled cigarettes, cannabis joints with tobacco, cigars, pipe tobacco, shisha/water pipes, etc.), but not including nicotine replacement therapy and e-cigarettes.	Should not change (record as per TOP date).
Injected	IVDRGUSE	Number of days in previous 28 days that client has injected non-prescribed drugs.	Should not change (record as per TOP date).
Sharing	SHARING	Has client shared needles or paraphernalia (spoon, water or filter) in previous 28 days? On the TOP form, this is displayed as 2 questions, but only one response is used for NDTMS. See NDTMS reference data document.	Should not change (record as per TOP date).
How often has the client had 6 or	BINGEDRINK	Binge drinking usually refers to drinking lots of alcohol in a short space of time or drinking to get drunk.	Should not change (record as per TOP date).

Field description	CSV header	Definition	Field updatability
more units if female, or 8 or more if male, on a single occasion in the last 28 days		<p>In the UK, binge drinking is drinking more than: 8 units of alcohol in a single session for men 6 units of alcohol in a single session for women Examples: 6 units is 2 pints of 5% strength beer or 2 large (250ml) glasses of 12% wine. 8 units is 5 bottles (330ml) of 5% strength beer or 5 small (125ml) glasses of 13% wine.</p> <p>Unit information is found on the NHS website</p>	
Psychological health status	PSYHSTAT	Self-reported psychological health (anxiety, depression, problem emotions and feelings) score in previous 28 days of 0 to 20, where 0 is poor and 20 is good.	Should not change (record as per TOP date).
Paid work	PWORK	Number of days in previous 28 days that client has attended paid work. Includes legal work only.	Should not change (record as per TOP date).
Days in volunteering or unpaid structured work placement	VOLNPWORK	Number of days in previous 28 days that the client has volunteered or participated in unpaid work as part of a structured work placement. Volunteering is engaging in any activity that involves spending time (unpaid) doing something that aims to benefit another person, group or organisation. Structured work placements provide experience in a particular occupation or industry for people facing barriers to employment and are part of an education or training course, or package of employment support.	Should not change (record as per TOP date).
Education	EDUCAT	Number of days in previous 28 days that client has attended for education eg school, college, university.	Should not change (record as per TOP date).
Physical health status	PHSTAT	Self-reported physical health (extent of physical symptoms and bothered by illness) score in previous 28 days of 0 to 20, where 0 is poor and 20 is good.	Should not change (record as per TOP date).
Acute housing problem	ACUTHPBM	Has client had an acute housing problem (been homeless) in previous 28 days?	Should not change (record as per TOP date).

Field description	CSV header	Definition	Field updatability
Unsuitable housing	UNSTHSE	Has the client been in unsuitable housing in the previous 28 days? Unsuitable housing includes where accommodation may be overcrowded, damp, inadequately heated, in poor condition or in a poor state of repair. Unsuitable housing is likely to have a negative impact on health and wellbeing and/or on the likelihood of achieving recovery.	Should not change (record as per TOP date).
Reason housing is unsuitable - Poor condition of the accommodation	USHCOND	<p>The property is in a state of disrepair that is deemed unsafe for habitation including:</p> <ul style="list-style-type: none"> • damp and mould growth • excessive cold or heat • risk of falls • risk of rats, mice or other pests • fire risks • structural or internal disrepair 	Should not change (record as per TOP date).
Reason housing is unsuitable - Location (unsafe)	USHUNSAFE	<p>The accommodation is deemed to be unsafe as the location may be subject to:</p> <ul style="list-style-type: none"> • risk of violence • risk of exploitation 	Should not change (record as per TOP date).

Field description	CSV header	Definition	Field updatability
		<ul style="list-style-type: none"> risk of domestic abuse 	
Reason housing is unsuitable - Location (unsuitable)	USHUNSUIT	<p>The accommodation is deemed to be unsuitable as the location may:</p> <ul style="list-style-type: none"> impact the individual's access to health, housing or other support services (due to distance, being placed out of borough). 	Should not change (record as per TOP date).
Reason housing is unsuitable - Affordability	USHAFF	The household should be able to afford the costs of accommodation from their income after essential expenses.	Should not change (record as per TOP date).
Reason housing is unsuitable - Overcrowding	USHOVER	The client's housing meets the statutory definition of overcrowding	Should not change (record as per TOP date).
Reason housing is unsuitable - Doesn't meet the needs of the individual	USHNEEDS	The accommodation does not meet the physical/medical needs of the individual.	Should not change (record as per TOP date).
At risk of eviction	HRISK	Has client been at risk of eviction within previous 28 days?	Should not change (record as per TOP date).
Quality of life	QUALLIFE	Self-reported quality of life score (eg able to enjoy life, gets on with family and partner) in previous 28 days of 0 to 20, where 0 is poor and 20 is good.	Should not change (record as per TOP date).

Client Information Review (CIR)

Field description	CSV header	Definition	Field updatability
CIR ID	CIRID	A mandatory, unique technical identifier representing the CIR, as held on the clinical system used at the treatment provider. This should be a technical item and should not hold or be composed of attributors which might identify the individual.	Must be completed if any items in this section (CIR) are not null. If not, the record will be rejected Should not change.
Client information review (CIR) date	CIRDT	The date that the most recent client information review took place. ALL questions on the client information review should be reviewed with the client every 6 months and a full CIR submitted to NDTMS. If BBV information changes in between reviews, then a partial CIR may be returned with just the BBV information contained therein.	Must be completed each time a client information review is completed. Should not change. If changed, it will create a validation mismatch.
CIR Stage	CIRSTAGE	A full CIR should be completed for each client at least every 6 months and on discharge for planned exits. All data items should be reviewed and completed to reflect the latest status. A partial CIR should be completed on discharge for unplanned exits. A partial CIR can also be completed more frequently to notify NDTMS of changes to any CIR data items, such as BBV information. The client needs to be present for the majority of the CIR to be completed.	Must be completed each time a client information review is completed. Should not change. If changed, it will create a validation mismatch.
CIR Hep B intervention status	CIRHEPSTAT	Within the current treatment episode, whether the client was offered a vaccination for hepatitis B, if that offer was accepted by the client and whether they have commenced/completed vaccinations. Once a vaccination course has been completed and recorded as 'Offered and accepted – completed vaccination', the client's hep B status on subsequent CIRs should be recorded as 'Immunised already'. If it is later established that hep B immunity levels have fallen, and vaccinations were once again required record the new offer on subsequent CIRs.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). If information changes a new partial/full CIR should be completed.

Field description	CSV header	Definition	Field updatability
		For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document .	
CIR Hep C intervention status	CIRHEPCSTAT	<p>Within the current treatment episode, whether the client was offered a test for hepatitis C, whether that offer was accepted by the client and whether they have had a test.</p> <p>Once a test has been done and recorded as 'Offered and accepted – had a hep C test', the client's hep C status on subsequent CIRs should be recorded as 'Not appropriate to test/re-test'. If the client's risky behaviour continues and they are subsequently offered another test it should be recorded as either 'Offered and accepted - not had a test yet', 'Offered and accepted - had a hep C test' or 'Offered and refused' as appropriate.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	<p>Must be completed each time a full client information review is completed.</p> <p>Should not change (record as per client information review date).</p> <p>If information changes a new partial or full CIR should be completed.</p>
CIR Hep C test date	CIRHEPCTSTD	<p>Date that the client was last tested for hepatitis C. If the exact date is not known, then the first of the month should be used if that is known. If only the year is known, then 1 January for that year should be used.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	<p>Should not change (record as per client information review date).</p> <p>If information changes a new partial or full CIR should be completed.</p>
CIR Hep C antibody status	CIRHCVAS	<p>What is the result of the client's hepatitis C antibody test? This is the first test (before PCR test) which looks for hepatitis C antibodies in the client's blood.</p> <p>If the client has never had a test this field should be left blank.</p>	<p>Should not change (record as per client information review date).</p> <p>If information changes a new partial or full CIR should be completed.</p>

Field description	CSV header	Definition	Field updatability
		For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document .	
CIR Hep C (PCR) RNA status	CIRHCVPCR	<p>What is the result of the client's hepatitis C PCR test? The PCR test is usually the second test (after antibody test) which looks at whether the hepatitis C virus is reproducing in the client's body. If the client has never had a test this field should be left blank.</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	Should not change (record as per client information review date). If information changes a new partial or full CIR should be completed.
CIR Has the client been referred for Hep C treatment?	CIRREFHEPCT X	<p>Has the client been referred for hepatitis C treatment in the last 6 months?</p> <p>For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document.</p>	<p>Must be completed each time a full client information review is completed.</p> <p>Should not change (record as per client information review date). If information changes a new partial or full CIR should be completed.</p>
CIR Referred to Hep C treatment date	CIRREFHEPCT XDT	Date that the client was referred to Hep C treatment.	<p>Must be completed each time a full client information review is completed.</p> <p>Should not change (record as per client information review date). If information changes a new partial or full CIR should be completed.</p>
CIR Is the client HIV positive?	CIRHIVSTAT	<p>Is the client HIV positive?</p> <p>This can either be self-reported or based on evidence of a test result.</p>	Must be completed each time a full client information review is completed.

Field description	CSV header	Definition	Field updatability
		Record the most recent test result, regardless of when that test was. This field should always be populated, even if the response is the same as at episode start/on the previous CIR. If the client has never been tested record 'unknown'.	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR HIV latest test date	CIRHIVTESTDT	Date that the client was last tested for HIV (during episode). This should be recorded if an HIV test has been undertaken since episode start or since the latest client information review. If the exact date is not known then the first of the month should be used if that is known. If only the year is known then 1 January for that year should be used. For further information on recording BBV details, refer to the Recording NDTMS data about blood-borne virus interventions document .	Should not change (record as per client information review date). If information changes a new partial or full CIR should be completed.
CIR Referral for alcohol related liver disease	CIRLIVSCRN	Has the client been referred to GP, alcohol nurse or specialist in liver disease for an investigation for alcohol-related liver disease in the last 6 months? A referral for an investigation for alcohol-related liver disease could include: <ul style="list-style-type: none"> a referral for initial tests including liver blood tests or a fibroscan (transient elastography) delivered by a GP surgery or an alcohol nurse a referral to a specialist doctor in liver disease for diagnosis and treatment in a hospital outpatient or an inpatient setting The referral does not necessarily have to have been made by the treatment provider eg the service user could have been referred by	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.

Field description	CSV header	Definition	Field updatability
		a GP who has already carried out an initial test and referred to a liver specialist.	
CIR health care assessment date	CIRHLCASSDT	The date that the latest health care assessment was completed in accordance with defined local protocols. The full scope and depth of the assessment will vary according to the needs of the client but should include an assessment of the client's physical health and mental health needs. Any arising needs should form part of the ongoing care plan and would be directly responded to by the treatment provider itself or, where health needs are more specialised (eg dental care, sexual health) a formal referral is made to an appropriately qualified professional and followed up and reviewed by the drug or alcohol worker as part of the ongoing delivery of the care plan. See Appendix G for further information on drug and alcohol treatment health care assessment.	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
Has the client been issued with Naloxone in the last 6 months?	CIRNALOXISS	Whether the client has been issued with either injectable or nasal naloxone (or both) by the provider in the last 6 months. If the client is already in possession of naloxone (either previously issued by the provider or from elsewhere) record 'No – client already in possession of adequate naloxone'. If the client has 'accepted' naloxone but not physically been issued with it, record 'No - accepted but not yet issued'	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
Has the client been administered with Naloxone to reverse the effects of an overdose in the last 6 months?	CIRNALOXAD	In the last 6 months has the client been administered with naloxone (either injectable or nasal) to reverse the effects of an overdose?	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.

Field description	CSV header	Definition	Field updatability
CIR Pregnant	CIRPREGNANT	Is the client pregnant?	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR Parental responsibility	CIRPARENT	Does the client have parental responsibility for a child aged under 18? A child is a person who is under 18 years of age. Parental responsibility should include biological parents, step-parents, foster parents, adoptive parents and guardians. It should also include de facto parents where a client lives with the parent of a child or the child alone (eg clients who care for younger siblings or grandchildren) and have taken on full or partial parental responsibilities. Parental responsibility as used here is wider than the legal definition of parental responsibility.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR If client has parental responsibility, do any of these children live with the client?	CIRPRTST	If the client has parental responsibility (PARENT or CIRPARENT = yes), record whether none of, some of or all of the children they are responsible for live with the client the majority of the time. A child is a person who is under 18 years old. See Appendix F for data items and definitions.	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR How many children under 18 in total live in the same house as the client?	CIRCLDWT	The total number of children under 18 that live in the same household as the client at least one night a fortnight. The client does not necessarily need to have parental responsibility for the children. Due to this being a numerical field record code '98' as the response if the client has declined to answer.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.

Field description	CSV header	Definition	Field updatability
CIR If client has parental responsibility and/or children living with them, what help are the children receiving? (1)	CIREHCSC	<p>What help are the client's children and/or any other children living with the client receiving?</p> <p>This question only applies to the children aged under 18 for which the client has parental responsibility (regardless of whether this child lives with the client or not) and to children aged under 18 living with the client (regardless of whether the client has parental responsibility or not).</p> <p>If more than one option applies then complete CIREHCSC2 and CIREHCSC3 as appropriate.</p> <p>If none of the children are receiving any help record 'None of the children are receiving any help' and leave CIREHCSC2 and CIREHCSC3 blank.</p> <p>If the client declines to answer record 'client declined to answer' and leave CIREHCSC2 and CIREHCSC3 blank.</p> <p>See Appendix F for data items and definitions.</p>	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR If client has parental responsibility and/or children living with them, what help are the children receiving? (2)	CIREHCSC2	<p>What further help are the client's children and/or any other children living with the client receiving?</p> <p>This question only applies to the children aged under 18 for which the client has parental responsibility (regardless of whether this child lives with the client or not) and to children aged under 18 living with the client (regardless of whether the client has parental responsibility or not).</p> <p>If more than two options apply then complete CIREHCSC3 as appropriate.</p> <p>If the client declines to answer or if no help is being received then this field should be left blank.</p> <p>See Appendix F in the NDTMS adult business definitions document for data items and definitions.</p>	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR If client has parental responsibility	CIREHCSC3	<p>What further help are the client's children and/or any other children living with the client receiving?</p> <p>This question only applies to the children aged under 18 for which</p>	Should not change (record as per client information review date). Information should be reviewed

Field description	CSV header	Definition	Field updatability
and/or children living with them, what help are the children receiving? (3)		<p>the client has parental responsibility (regardless of whether this child lives with the client or not) and to children aged under 18 living with the client (regardless of whether the client has parental responsibility or not).</p> <p>If the client declines to answer or if no help is being received then this field should be left blank.</p> <p>See Appendix F for data items and definitions.</p>	with the client at least 6 monthly and a new full CIR completed.
CIR Mental health treatment need	CIRMTHTN	<p>Does the client have a mental health treatment need? Mental health treatment need includes:</p> <ul style="list-style-type: none"> • common mental illness (eg anxiety, depression) either current diagnosis or currently experiencing symptoms/behaviours (where the symptoms are not considered to be simply due to acute psychoactive effects of substances consumed or due to current withdrawals) • serious mental illness (eg psychosis, schizophrenia, personality disorder) either current diagnosis, or currently experiencing symptoms/behaviour (where the symptoms are not considered to be simply due to acute psychoactive effects of substances consumed or due to current withdrawals) • mental health crisis (person is currently suicidal or indicating a risk of harm to self or others). This is determined either by the client's self-report or by formal assessment <p>If client declines to answer, then record 'Client declined to answer'.</p>	<p>Must be completed each time a full client information review is completed.</p> <p>Should not change (record as per client information review date).</p> <p>Information should be reviewed with the client at least 6 monthly and a new full CIR completed.</p>
CIR Receiving	CIRCRTMHN	If the client has a mental health treatment need (CIRMTHTN =	Should not change (record as per

Field description	CSV header	Definition	Field updatability
treatment for mental health need(s) (1)		<p>'Yes') record whether they are receiving treatment for their mental health need(s). This could include pharmacological and/or talking therapies/psychosocial support.</p> <p>If more than one option applies then complete CIRCRTMHN2 and CIRCRTMHN3 as appropriate.</p> <p>If 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' are recorded then leave CIRCRTMHN2 and CIRCRTMHN3 blank.</p> <p>See Appendix H for options and definitions.</p>	client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR Receiving treatment for mental health need(s) (2)	CIRCRTMHN2	<p>Is the client receiving further treatment for their mental health need(s)?</p> <p>This could include pharmacological and/ or talking therapies/ psychosocial support.</p> <p>If more than two options apply then complete CIRCRTMHN3 as appropriate.</p> <p>If CIRCRTMHN is answered as 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' then leave CIRCRTMHN2 and CIRCRTMHN3 blank.</p> <p>See Appendix H for options and definitions.</p>	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR Receiving treatment for mental health need(s) (3)	CIRCRTMHN3	<p>Is the client receiving further treatment for their mental health need(s)?</p> <p>This could include pharmacological and/or talking therapies / psychosocial support.</p> <p>If CIRCRTMHN is answered as 'Treatment need identified but no treatment being received' or 'Client declined to commence treatment for their mental health need' then leave CIRCRTMHN2 and CIRCRTMHN3 blank.</p> <p>See Appendix H of the NDTMS adult business definitions for options and definitions.</p>	Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.

Field description	CSV header	Definition	Field updatability
CIR What is the client's current housing situation?	CIRHOUSING	What is the client's current housing situation? Appendix D within this document describes the reference data for this item and the relevant definitions for adult services.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR Is the client threatened with homelessness in the next 56 days (8 weeks)?	CIRHOMELESS	Homelessness Reduction Act 2017 places a duty on housing authorities to work with people who are threatened with homelessness within 56 days to help prevent them from becoming homeless.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.
CIR Employment status	CIREMPSTAT	The current employment status of the client. If a client declines to answer, then 'not stated' should be used.	Must be completed each time a full client information review is completed.
CIR Has the client ever been the victim of domestic abuse*?	CIRDOMVIC	The Domestic Abuse Act 2021 , for the first time, introduced a statutory definition for domestic abuse. The behaviour of one person towards another is considered domestic abuse if it is "abusive", and both are aged 16+ and are "personally connected" to one another, irrespective of where they live. The Act recognises children as victims if they "see, hear or otherwise experience the effects of abuse" and are related to either the abuser or abused. The term "Abusive" can refer to: physical or sexual abuse, violent or threatening behaviour, controlling or coercive behaviour and gaslighting, economic abuse, psychological abuse, female genital mutilation (FGM), 'honour-based' violence and more.	Must be completed each time a full client information review is completed. Should not change (record as per client information review date). Information should be reviewed with the client at least 6 monthly and a new full CIR completed.

Field description	CSV header	Definition	Field updatability
		Record 'Not appropriate to ask' if you are not alone, there is a language barrier or staff are not confident to ask this question etc.	
CIR Has the client ever abused* someone close to them?	CIRDOMPER	<p>The Domestic Abuse Act 2021, for the first time, introduced a statutory definition for domestic abuse. The behaviour of one person towards another is considered domestic abuse if it is “abusive”, and both are aged 16+ and are “personally connected” to one another, irrespective of where they live. The Act recognises children as victims if they “see, hear or otherwise experience the effects of abuse” and are related to either the abuser or abused. The term “Abusive” can refer to: physical or sexual abuse; violent or threatening behaviour; controlling or coercive behaviour and gaslighting; economic abuse; psychological abuse; female genital mutilation (FGM); 'honour-based' violence and more.</p> <p>Record 'Not appropriate to ask' if you are not alone, there is a language barrier or staff are not confident to ask this question etc.</p>	<p>Must be completed each time a full client information review is completed.</p> <p>Should not change (record as per client information review date).</p> <p>Information should be reviewed with the client at least 6 monthly and a new full CIR completed.</p>

Appendix A: definition of structured treatment and recovery support

If one or more pharmacological interventions and/or one or more psychosocial interventions are selected, then the treatment package is a structured treatment intervention if the following definition of structured treatment also applies.

Structured treatment definition

Structured drug and alcohol treatment consists of a comprehensive package of concurrent or sequential specialist drug- and alcohol-focused interventions. It addresses multiple or more severe needs that would not be expected to respond, or have already not responded, to less intensive or non-specialist interventions alone.

Structured treatment requires a comprehensive assessment of need, and is delivered according to a recovery care plan, which is regularly reviewed with the client. The plan sets out clear goals which include change to substance use, and how other client needs will be addressed in one or more of the following domains: physical health; psychological health; social well-being; and, when appropriate, criminal involvement and offending. All interventions must be delivered by competent staff, within appropriate supervision and clinical governance structures.

Structured drug and alcohol treatment provides access to specialist medical assessment and intervention and works jointly with mental and physical health services and safeguarding and family support services according to need.

In addition to pharmacological and psychosocial interventions that are provided alongside, or integrated within, the key working or case management function of structured treatment, service users should be provided with the following as appropriate:

- harm reduction advice and information
- BBV screening and immunisation
- advocacy
- appropriate access and referral to healthcare and health monitoring
- crisis and risk management support
- referral to homelessness and housing support
- education

- training and employment support
- family support and mutual aid/peer support

If a client is released from a secure setting then presents to a community treatment service and receives a prescription for OST, i.e. a pharmacological intervention from that service (as defined in [Appendix J.1 Pharmacological sub-interventions](#)) this is considered as the start of structured treatment in the community (and is usually the continuation of structured treatment provided in the secure setting) and as such should be reported to NDTMS.

Recovery support definition

Recovery support covers a range of non-structured interventions that run alongside or after structured treatment and are designed to reinforce the gains made in structured treatment and improve the client's quality of life in general. Recovery support can include (but is not limited to) mutual aid and peer support, practical help such as housing or employment support and onward relevant referrals to services.

Appendix B: waiting times

A waiting time is the period from the date a person is referred for a specific treatment intervention to the date of the first appointment offered. Referral for a specific treatment intervention typically occurs within the treatment provider at, or following, assessment. This is measured to ensure that clients are being offered treatment in a timely fashion and to ensure that there is sufficient access to treatment. Long waiting times may indicate a lack of capacity in the treatment system.

When measuring waiting times for partnerships, they will be calculated as the difference in days between the 'Date referred to intervention' and the 'Date of first appointment offered for intervention'. If the 'Date of first appointment offered for intervention' is not present then the 'Intervention start date' is used instead.

When measuring waiting times for treatment providers, they will be calculated from the 'Referral date' or 'Date referred to intervention' (whichever is later) at that specific treatment provider, to the 'First appointment offered for intervention' at that treatment provider.

Waiting times will only be calculated when a client actually commences an intervention eg the intervention start date is present in the data.

Waiting times are calculated for the first intervention and for subsequent interventions.

Waiting times scenario 1: self-referral

Key point: the 'referral date' and the 'date referred to intervention' are the same.

01/04/2019

Client self refers to treatment provider.

Client is immediately assessed and it is agreed they require prescribing.



The first appointment offered to the client for prescribing is on 15/04/2019.



Client DNAs first appointment offered on 15/04/19 and attends subsequent appointment on 22/04/2019.

Key dates

Referral date = 1 April 2019

Date referred to intervention = 1 April 2019.

Date of first appointment offered for intervention = 15 April 2019

Intervention start date = 22 April 2019

Waiting times calculations

Partnership: Date of first appointment offered for intervention (15 April 2019) – Date referred to intervention (1 April 2019) = 14 days

Provider: Date of first appointment offered for intervention (15 April 2019) – Referral date/Date referred to intervention (1 April 2019) = 14 days

Scenario 2: referral from an external organisation

Key point: the 'referral date' is after the 'date referred to intervention', therefore the 'referral date' is used.

06/04/2019

Client attends triage service and it is agreed that the client requires specialist prescribing.



08/04/2019 referral received by treatment provider.

10/04/2019 client presents for treatment.



20/04/2019 mutually agreed first appointment for prescribing.



Client DNAs first appointment offered on 20/04/19 and attends subsequent appointment on 27/04/19.

Key dates

Referral date = 8 April 2019

Date referred to intervention = 6 April 2019

Date of first appointment offered for intervention = 20 April 2019

Intervention start date = 27 April 2019

Waiting times calculations

Partnership: Date of first appointment offered for intervention (20 April 2019) – Date referred to intervention (6 April 2019) = 14 days

Provider: Date of first appointment offered for intervention (20 April 2019) – Referral date (8 April 2019) = 12 days. As the referral date is later than the referred to intervention date, the referral date is used to calculate the provider waiting time.

Appendix C: referral sources for adults

The referral source is the source or method by which a client was referred for this treatment episode.

Definitions of each referral source are provided below. Treatment providers reporting to NDTMS should select the code that best reflects the service which referred the client into treatment. For example, for a young person who is a looked after child and has mental health needs and is referred to treatment by a crime prevention service, 'crime prevention' should be used as the referral source.

Code	Reference data	Definition
4	Self	Self-referral by client eg in writing, by phone, by contact electronically or by drop-in
69	Self-referred via health professional	Self-referred following advice from a health professional
3	GP	Referrals from general medical practitioners
63	Arrest referral	Arrest Referral services engage with clients whose offending is linked to drugs or alcohol misuse at the point of arrest
70	Community Rehabilitation Company (CRC)	A Community Rehabilitation Company (CRC) is the term given to a private-sector supplier of Probation and Prison-based rehabilitative services for offenders in England and Wales. A number of CRCs were established in 2015 as part of the Ministry of Justice's (MoJ) Transforming Rehabilitation (TR) strategy for the reform of offender rehabilitation
6	DRR	Drug Rehabilitation Requirement – formally Drug Treatment and Testing order (DTTO)
57	ATR	Alcohol treatment requirement (applicable to primary alcohol clients only)
71	National Probation Service	-
72	Liaison and Diversion	Liaison and Diversion (L and D) services identify people who have mental health, learning disability, substance misuse or other vulnerabilities when they first come into contact with the criminal justice system as suspects, defendants or offenders. The service can then support people through the early stages of criminal system pathway, refer them for

Code	Reference data	Definition
		<p>appropriate health or social care or enable them to be diverted away from the criminal justice system into a more appropriate setting, if required.</p> <p>Information taken from NHS Liaison and Diversion website</p> <p>Includes police referral without arrest (eg community resolution).</p>
19	Adult social care services	-
30	Children and family services	Any referrals from Children and Family Social Services
10	Syringe exchange	-
13	Prison	-
22	Hospital	Referrals from hospitals (including A and E departments)
36	Outreach	Referrals from services which provide active outreach to address homelessness, anti-social behaviour, child exploitation or other issues
56	Employer	-
39	Adult treatment provider	Services providing structured drug or alcohol treatment services predominantly for those aged 18 years or older. This includes needle exchange programmes and other services to address adult substance misuse
38	Adult mental health service	Referrals from mental health services such as adult psychiatric and psychological services; private psychiatric and psychological services and third sector mental health or advocacy services for people with mental health needs
40	Young people's structured treatment provider	Services providing specialist substance misuse treatment services pre-dominantly for those under 18
75	Recommissioning transfer	For use when clients have been referred from a decommissioned service for further structured drug or alcohol treatment
76	Hospital alcohol care team/liaison nurse	-
77	Housing/homelessness	-

	service	
Code	Reference data	Definition
74	Domestic abuse service	Including MARAC (Multi Agency Risk Assessment Conference). A MARAC is a meeting where information is shared on the highest risk domestic abuse cases between representatives of local police, health, child protection, housing practitioners, Independent Domestic Violence Advisors (IDVAs), probation and other specialists from the statutory and voluntary sectors
37	Relative/ peer/ concerned other	Including parents, siblings and other relatives, carers, friends, boyfriends or girlfriends, other service user
59	Employment or education service	-
79	Pharmacy	
80	Dental Practice	
81	Peer-led initiatives	<p>People with lived experience leading activities, groups and organisations that provide a range of harm reduction interventions, peer support and recovery support, and help people to access and engage in treatment and other support services. This does not include treatment provider-led initiatives.</p> <p>Peer-led initiatives range from small, unconstituted groups with no formal legal structure to established lived experience recovery organisations (LEROs). A LERO is an independent organisation led by people with lived experience of recovery. People with lived experience leading activities, groups and organisations that actively support people to engage in harm reduction, treatment and recovery services. This does not include treatment provider-led initiatives.</p> <p>Peer-led initiatives range from small, unconstituted groups with no formal legal structure to established lived experience recovery organisations (LEROs). A LERO is an independent organisation led by people with lived experience of recovery. The levels of lived experience initiative are described in the LERO standards</p>
15	Other	-

Appendix D: housing situation

Code	Reference data	Definition
1	Owns home	-
2	Rented home only – self-contained – rents from a private landlord	-
3	Rented home only – self-contained - rents from a social landlord (local authority or housing association)	-
4	Rented home only – shares facilities - rents from a private landlord	Shares facilities with others, eg shared kitchen or bathroom
5	Rented home only – shares facilities - rents from a social landlord (local authority or housing association)	Shares facilities with others, eg shared kitchen or bathroom
6	Other – university or college accommodation	-
7	Other – living with friends permanently	-
8	Other – living with family permanently	-
9	Other – supported accommodation	Where housing, support and sometimes care services are provided to enable independent living. Permanent solution, not a homelessness response
10	Other – healthcare setting	eg mental health institution or hospital
11	Other – accommodation tied to job (including Armed Forces)	-
12	Other – approved premises	Approved premises offer an enhanced level of public protection in the community and are used primarily for high and very high risk of serious harm individuals released on licence from custody (have been called bail or probation hostels in the past)
13	Other – authorised Gypsy and Traveller site	-

Code	Reference data	Definition
14	No home of their own – living with friends as a short-term guest	Has own bed space
15	No home of their own – living with family as a short-term guest	Has own bed space
16	No home of their own – sofa surfing (sleeps on different friends' floor or sofa each night)	Does not have a bed space
17	No home of their own – lives on the streets/rough sleeping	-
18	No home of their own – squatting	-
19	No home of their own – night/winter shelter	-
20	No home of their own – bed and breakfast, or other hotel	-
21	No home of their own – hostel	-
22	No home of their own – supported accommodation	Where housing, support and sometimes care services are provided to enable independent living – specifically provided as a temporary solution to alleviate homelessness/enable move to more permanent situation
23	No home of their own – temporary housing	Other forms of temporary housing not already stated
24	No home of their own – unauthorised Gypsy and Traveller encampment	-

Appendix E: disability definitions

Code	Reference data	Definition
1	Behaviour and emotional	Should be used where the client has times when they lack control over their feelings or actions
2	Hearing	Should be used where the client has difficulty hearing, or needs hearing aids, or needs to lip-read what people say
3	Manual dexterity	Should be used where the client has difficulty performing tasks with their hands
4	Learning disability	Should be used where the client has difficulty with memory or ability to concentrate, learn or understand which began before the age of 18
5	Mobility and gross motor	Should be used where the client has difficulty getting around physically without assistance or needs aids like wheelchairs or walking frames; or where the client has difficulty controlling how their arms, legs or head move
6	Perception of physical danger	Should be used where the client has difficulty understanding that some things, places or situations can be dangerous and could lead to a risk of injury or harm
7	Personal, self-care and continence	Should be used where the client has difficulty keeping clean and dressing the way they would like to
8	Progressive conditions and physical health	Should be used where the client has any illness which affects what they can do, or which is making them more ill, which is getting worse, and which is going to continue getting worse eg HIV, cancer, multiple sclerosis, fits etc
9	Sight	Should be used where the client has difficulty seeing signs or things printed on paper or seeing things at a distance
10	Speech	Should be used where the client has difficulty speaking or using language to communicate or make their needs known
XX	Other	Should be used where the client has any other important health issue including dementia or autism
NN	No disability	-
ZZ	Not stated	Client asked but declined to provide a response

Appendix F: safeguarding questions' definitions

If parental responsibility is 'yes', how many of these children live with the client? (PRNTSTAT)

The question only needs to be completed if the response to PARENT is 'yes'.

Code	Reference data	Definition
11	All the children live with client	The client has parental responsibility for one or more children under 18, and all the children (under 18) the client has parental responsibility for reside with them the majority of the time
12	Some of the children live with client	The client has parental responsibility for children under 18, and some of the children (under 18) the client has parental responsibility for reside with them the majority of the time, others live in other locations for the majority of the time
13	None of the children live with client	The client has parental responsibility for one or more children under 18 but none of the children (under 18) the client has parental responsibility for reside with them, they all live in other locations the majority of the time
15	Client declined to answer	Only use where client declines to answer

If the response given at episode start changes then the new response should be recorded on the 6 monthly CIR update.

If client has parental responsibility and/or children living with them, what help are the children receiving? (EHSC1/2/3)

If either parental responsibility is 'yes' or there are children under the age of 18 living in the same house as the client then this field should be completed. If more than one option applies, then complete EHSC2/EHSC3 as appropriate.

Code	Reference data	Definition
1	Early Help (family support)	The needs of the child and family have been assessed and they are receiving targeted Early Help services as defined by

Code	Reference data	Definition
		Working Together to Safeguard Children 2015 (HM Government)
2	Child in Need (LA service)	The needs of the child and family have been assessed by a social worker and services are being provided by the local authority under Section 17 of the Children Act 1989
3	Has a Child Protection Plan (LA service)	Social worker has led enquiries under Section 47 of the Children Act 1989 . A child protection conference has determined that the child remains at continuing risk of 'significant harm' and a multi-agency child protection plan has been formulated to protect the child
4	Looked after Child (LA service)	Arrangements for the child have been determined following statutory intervention and care proceedings under the Children Act 1989 . Looked after children may be placed with parents, foster carers (including relatives and friends), in children's homes, in secure accommodation or with prospective adopters
5	None of the children are receiving any help	None of the children are receiving early help nor are they in contact with children's social care
6	Other relevant child or family support service	Any other child or family support service not mentioned
7	Not known	-
99	Client declined to answer	Question was asked but client declined to answer

If the response given at episode start changes, then the new response should be recorded on the 6 monthly CIR update.

Appendix G: alcohol and drug treatment healthcare assessment

There is an expectation that all service users within specialist drug and alcohol treatment providers receive a general healthcare assessment at treatment start. This should be reviewed at regular intervals during the client's treatment. The aims and expected content of such an assessment for people who use drugs are described in the latest version of the clinical guidelines, Drug misuse and dependence: UK guidelines on clinical management but are also summarised below. The aims and expected content of such an assessment for people who drink harmfully or dependently are outlined in [NICE Clinical Guidelines Alcohol Use Disorders:CG115](#).

Purposes/aims

These include:

- to identify unmet health needs and address these through care planning
- to ensure account is taken of health problems which could interact with drug or alcohol treatment
- as a means of attracting and retaining patients into drug and alcohol treatment
- to improve treatment outcomes such as abstinence and relapse prevention in line with current evidence
- to create opportunities for harm minimisation interventions

The intention is first to define a universal healthcare assessment, which should be carried out by all agencies on all drug and alcohol users.

All drug and alcohol users presenting to specialist drug and alcohol agencies should receive as part of their healthcare assessment:

Verbal health assessment (general)

Health questions should address, for example:

- current and previous illnesses/symptoms particularly epilepsy, asthma, liver disease
- prescribed/OTC (over the counter) drugs

- cigarette smoking
- sexual health (risks and STD history)
- current use of/need for contraception
- dental health
- diet and weight loss
- allergies (including to medication)

Drug and alcohol-related

Health questions should address the following:

For all clients taking drugs:

- blood-borne virus testing and results (HIV, HBV, HCV)
- hepatitis immunisation status (HBV, HAV) and other immunisations (tetanus, TB)
- TB screening
- history of seizures/blackouts
- history of overdose

Current and former tobacco and drug smokers:

- smoking methods
- wheezing/breathlessness/coughing/sputum/haemoptysis/chest pain

For past and current injectors:

- injecting status and problems
- history of skin infection/cellulitis/ulcer/abscess
- history of septicaemia/endocarditis
- history of DVT/PE/other thrombosis

For people drinking harmfully/dependently:

- acute alcohol withdrawal
- history of seizures, blackouts or delirium tremens
- alcohol-related liver disease
- risk of/suspected Wernicke's encephalopathy
- alcohol-related pancreatitis
- cardiovascular disease

Appendix H: mental health treatment definitions

Code	Reference data	Definition
1	Already engaged with the community mental health team/other mental health services	To include secondary mental health services (CMHT, Inpatient mental health services) or other mental health service (eg other NICE recommended treatment delivered in third or private sector)
2	Engaged with NHS Talking Therapies for anxiety and depression (NHS TTad)	To include NHS Talking Therapies for anxiety and depression (NHS TTad) or other primary care based mental health service
3	Receiving mental health treatment from GP	Only select this option if the only treatment for a mental health condition that the client is receiving is GP prescribing of psychiatric medicines. If they are also receiving another MH intervention (such as NHS TTad), select that option instead
4	Receiving any NICE recommended psychosocial or pharmacological intervention provided for the treatment of a mental health problem in drug or alcohol services	<p>This refers to mental health treatment provided in drug and alcohol services and can include pharmacological interventions (for the mental health problem), or existing psychosocial interventions and recovery support interventions:</p> <ul style="list-style-type: none"> existing psychosocial sub-intervention 'Evidence-based psychological interventions for co-existing mental health problems' existing recovery support sub-intervention 'Evidence-based mental health focused psychosocial interventions to support continued recovery'

Code	Reference data	Definition
5	Has an identified space in a health-based place of safety for mental health crises	Section 136 of the Mental Health Act allows for someone believed by the police to have a mental disorder, and who may cause harm to themselves or another, to be detained in a public place and taken to a safe place where a mental health assessment can be carried out. A place of safety could be a hospital, care home, or any other suitable place. Further information and a map of health based places of safety can be found on the CQC website
6	Treatment need identified but no treatment being received	-
99	Client declined to commence treatment for their mental health need	Client was referred for treatment but treatment commencement was declined by client

If more than three treatment options apply, then select the options that are considered to be the priority from the perspective of the treatment service/keyworker.

Appendix I: adult discharge codes and discharge scenarios

Code	Reference data	Definition
80	Treatment completed – drug free	The client no longer requires structured drug (or alcohol) treatment interventions and is judged by the clinician not to be using heroin (or any other opioid, prescribed or otherwise) or crack cocaine or any other illicit drug
81	Treatment completed – alcohol free	The client no longer requires structured alcohol (or drug) treatment interventions and is judged by the clinician to no longer be using alcohol
82	Treatment completed – occasional user (not opiates or crack)	The client no longer requires structured drug or alcohol treatment interventions and is judged by the clinician not to be using heroin (or any other opioid, prescribed or otherwise) or crack cocaine. There is evidence of use of other illicit drug use but this is not judged to be problematic or to require structured treatment
83	Transferred – not in custody	The client has finished treatment at this provider but still requires further structured drug and/or alcohol treatment interventions and the individual has been referred to an alternative non-prison provider for this. This code should only be used if there is an appropriate referral path and care planned structured drug and/or alcohol treatment pathways are available
84	Transferred – in custody	The client has received a custodial sentence or is on remand and a continuation of structured drug and/or alcohol treatment has been arranged. This will consist of the appropriate onward referral of care planning information and a 2-way communication between the community and prison treatment provider to confirm assessment and that care planned treatment will be provided as appropriate
74	Transferred – recommissioning transfer	Client has been transferred for further structured drug and/or alcohol treatment as a result of the service being decommissioned.
71	Incomplete – onward referral offered and refused	The client requires further structured drug and/or alcohol treatment interventions. A referral to another secure setting provider or a community provider was offered but client refused the transfer
85	Incomplete – dropped out	The treatment provider has lost contact with the client without a planned discharge and activities to re-engage

Code	Reference data	Definition
		the client back into treatment have not been successful
86	Incomplete – treatment withdrawn by provider	The treatment provider has withdrawn treatment provision from the client eg where the client has seriously breached a contract leading to their discharge; it should not be used if the client has simply ‘dropped out’
87	Incomplete – retained in custody	The client is no longer in contact with the treatment provider as they are in prison or another secure setting. While the treatment provider has confirmed this, there has been no formal 2-way communication between the treatment provider and the criminal justice system care provider leading to continuation of the appropriate assessment and care planned structured drug/alcohol treatment
88	Incomplete – treatment commencement declined by the client	The treatment provider has received a referral and has had a face-to-face (or equivalent) contact with the client after which the client has chosen not to commence a recommended structured treatment intervention
89	Incomplete – client died	During their time in contact with structured treatment the client died

Additional ‘transferred’ discharge codes for use by residential rehabilitation and inpatient detoxification providers only

The dataset includes 4 ‘transferred’ discharge codes for use by residential rehabilitation and inpatient detox providers only in order for NDTMS to more accurately record the discharge status of clients leaving a residential or inpatient facility.

Residential and inpatient providers should use these codes instead of the ‘transferred’ codes above. Unlike the above ‘transferred’ discharge codes that record the status of a client within the treatment system at the point of discharge from a provider, the residential and inpatient codes additionally record the outcome of the residential programme and where further structured treatment is required.

This allows residential and inpatient providers to record where clients have successfully completed the treatment programme and have been transferred for continued structured treatment either at a second stage residential provider or at a community provider.

Code	Reference data	Definition
93	Transferred – treatment programme completed at the residential/inpatient provider – additional residential treatment required	The client has completed the structured treatment programme at the provider by meeting the goals of their care plan. Although they have finished treatment at this provider, they still require continued structured treatment interventions and have been transferred to another residential provider for this. This code should only be used if there is an appropriate referral path and care planned structured treatment pathways are available
94	Transferred – treatment programme completed at the residential/inpatient provider – additional community treatment required	The client has completed the structured treatment programme at the provider by meeting the goals of their care plan. Although they have finished treatment at this provider, they still require continued structured treatment interventions and have been transferred to a community provider for this. This code should only be used if there is an appropriate referral path and care planned structured treatment pathways are available
95	Transferred – treatment programme not completed at the residential/inpatient provider – additional residential treatment required	The client has not completed the structured treatment programme at the provider because they have not met the goals of their care plan. They require continued structured treatment interventions and have been referred to another residential provider for this. This code should only be used if there is an appropriate referral path and care planned structured treatment pathways are available
96	Transferred – treatment programme not completed at the residential/inpatient provider – additional community treatment required	The client has not completed the structured treatment programme at the provider because they have not met the goals of their care plan. They require continued structured treatment interventions and have been referred to a community provider for this. This code should only be used if there is an appropriate referral path and care planned structured treatment pathways are available

Discharging clients as ‘transferred’

When a discharge reason of ‘transferred’ is selected, the expectation is that there should be 2-way communication between the transferring provider and the receiving provider to ensure continuity of the client’s care. If the client commences a structured treatment intervention at the receiving provider within 21 days of their discharge date from the transferring provider then NDTMS count this as a successful transfer and the client

continues their treatment within the same treatment journey. If they do not start a structured treatment intervention elsewhere within 21 days of their discharge date they will be recorded as an unsuccessful transfer and their treatment journey will end. If the client should represent for treatment after more than 21 days then they will be deemed to have started a new treatment journey.

Treatment journey

A treatment journey consists of one or more episodes of structured treatment, at one or more providers, where there has been less than 21 days break between treatment episodes. A treatment journey ends once a client has been exited entirely from structured drug/alcohol treatment once all structured interventions and the episode have been closed. A client may be discharged from one provider but if they continue structured treatment (within 21 days of discharge) at another provider, their NDTMS treatment journey is continued.

If a client is discharged from treatment with a discharge reason of 'treatment completed' this indicates that the client has no further structured treatment need. Therefore, this should only be used at the end of a client's treatment journey when they have completed structured treatment at all providers.

Transfers to secure hospitals (Broadmoor, Rampton and Ashworth)

Secure hospitals are not part of the secure estate, as overseen by HMPPS, rather they are overseen by the NHS. Therefore, clients transferred to secure hospitals should have their discharge reason recorded as 'Transferred - not in custody'.

Appendix J: definitions of interventions and sub-interventions

There are 9 high-level intervention types. For adults these are:

- pharmacological interventions
- psychosocial interventions
- recovery support interventions
- IPS (Individual Placement & Support)
- RSDATG engagement
- Housing Support Grant – Financial intervention (rent deposit, rent in advance, personal budgets)
- Housing Support Grant – Casework (floating support, special housing support)

While each of the interventions above are stand-alone high-level interventions, only pharmacological, psychosocial and recovery support interventions require sub-interventions to explain the detail of what has been delivered (described below). The intervention types and sub-interventions are not mutually exclusive and should be used in combination to describe the full package of treatment and care being provided to a client.

Data will be collected retrospectively on what interventions have been provided in the last 6 months. However, the return is not limited to once every 6 months and may be updated more frequently. It should also be made on discharge. Providers may wish to integrate the collection of sub-intervention information into the regular care plan review process so that, where the information is known, it can be returned alongside the TOP data.

Pharmacological sub-interventions

CSV file header	Pharmacological sub-intervention	Definition
SUBOPPI	Current opioid prescribing intention	Current opioid prescribing intention. If client not currently prescribed, record latest prescribing intention in the review period.

CSV file header	Pharmacological sub-intervention	Definition
		<p>Assessment and stabilisation: To stabilise the use of illicit drug(s), following and alongside continuing appropriate assessment. It also includes re-induction onto opioid substitution treatment prior to prison release, in the limited circumstances where this is appropriate</p> <p>Maintenance: Stable dose regimen to medically manage physiological dependence and minimise illicit drug use. Maintenance prescribing may be provided to support the individual in achieving or sustaining medication assisted recovery.</p> <p>Withdrawal: To facilitate medically assisted withdrawal and to manage withdrawal symptoms. This would usually be for up to 12 weeks in the community or 28 days as an inpatient.</p>
PHMETH	Methadone (oral solution)*	<p>Client is prescribed oral methadone, following and alongside continuing appropriate assessment. It also includes re-induction onto opioid substitution treatment prior to prison release, in the limited circumstances where this is appropriate. See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
PHBUPREN	Buprenorphine (tablet/wafer)#	<p>Client is prescribed buprenorphine tablet/wafer (eg mono-buprenorphine), following and alongside continuing appropriate assessment. It also includes re-induction onto opioid substitution treatment prior to prison release, in the limited circumstances where this is appropriate. Subutex should be recorded as buprenorphine. See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
PHBUDI	Buprenorphine depot injection (rods or fluid)	<p>Client is prescribed buprenorphine depot injection. This would usually be for up to 12 weeks in the community or 28 days as an inpatient. See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
PHDOSMET	Current daily dose of	If any medications indicated with * are prescribed,

CSV file header	Pharmacological sub-intervention	Definition
	liquid oral methadone medication (ml)*	record the client's current daily dose of oral methadone in millilitres (ml) of 1mg/1ml methadone solution equivalent (in most cases this will be the same as the daily volume prescribed. In the unusual case of a methadone concentrate being prescribed, the 1mg/1ml equivalent will need to be calculated). If client prescribed liquid oral methadone in review period but is no longer being prescribed, then record zero. If client has not been prescribed liquid oral methadone, then leave blank.
PHDOSBUP	Current daily dose of oral buprenorphine medication (mg)#	If any medications indicated with # are prescribed, record the client's current daily dose of oral buprenorphine in mg. If client prescribed buprenorphine in review period but is no longer being prescribed, then record zero. If client has not been prescribed oral buprenorphine, then leave blank.
PHOSTSPVD	Is consumption of OST medication currently supervised?*#	If client's OST medication (indicated with * or #) is currently supervised at every or most dispenses record 'Supervised'. If client's OST medication is currently taken away to be consumed without supervision at every or most dispenses record 'Unsupervised'. If client is no longer being prescribed OST medication then record latest supervision status in review period. If client is not prescribed OST record NA (99).
PHDIAINJ	Diamorphine injection – Opioid assessment and stabilisation/opioid withdrawal/opioid maintenance	Client is prescribed diamorphine injection (for instance, injectable ampoules) for opioid assessment and stabilisation, withdrawal or maintenance
PHMETHINJ	Methadone injection – Opioid assessment and stabilisation/opioid withdrawal/opioid maintenance	Client is prescribed methadone injection for opioid assessment and stabilisation, withdrawal or maintenance
PHBENMAIN	Benzodiazepine – Benzodiazepine maintenance	Client is prescribed benzodiazepine for benzodiazepine maintenance
PHBENSWTH	Benzodiazepine – Stimulant withdrawal	Client is prescribed benzodiazepine for stimulant withdrawal
PHBENGWTH	Benzodiazepine –	Client is prescribed benzodiazepine for GHB/GBL

CSV file header	Pharmacological sub-intervention	Definition
	GHB/GBL withdrawal	withdrawal
PHSTIMWTH	Stimulant (for example, dexamphetamine) – Stimulant withdrawal	Client is prescribed stimulants such as dexamphetamine for stimulant withdrawal
PHPREGWTH	Pregabalin – Gabapentinoid withdrawal	Client is prescribed pregabalin for gabapentinoid withdrawal
PHGABAWTH	Gabapentin – Gabapentinoid withdrawal	Client is prescribed gabapentin for gabapentinoid withdrawal
PHNALTRLPR	Naltrexone (oral) – Opioid relapse prevention	Client prescribed oral naltrexone to prevent relapse to opiate use
PHNALTALC	Naltrexone (oral) – Alcohol relapse prevention/consumption reduction	Client prescribed naltrexone to prevent relapse to alcohol use or to limit the amount of alcohol a client drinks
PHCHLORALC	Chlordiazepoxide – Alcohol withdrawal	Client prescribed chlordiazepoxide to treat acute alcohol withdrawal (do not record chlordiazepoxide prescribed to treat anxiety or for any other purpose)
PHDIAALC	Diazepam – Alcohol withdrawal	Client prescribed diazepam to treat acute alcohol withdrawal (do not record diazepam prescribed to treat anxiety or for any other purpose)
PHCARBALC	Carbamazepine – Alcohol withdrawal	Client prescribed carbamazepine to treat acute alcohol withdrawal (do not record carbamazepine prescribed for any other purpose)
PHOTHALCW	Other prescribed medication for alcohol withdrawal – Alcohol withdrawal	Client prescribed other medication to treat acute alcohol withdrawal
PHACAMALC	Acamprosate – Alcohol relapse prevention	Client prescribed acamprosate to prevent relapse to alcohol use
PHDISUALC	Disulfiram – Alcohol relapse prevention	Client prescribed disulfiram to prevent relapse to alcohol use
PHVITBC	Vitamin B and C supplement to prevent/treat Wernicke's encephalopathy/	Client prescribed vitamin B and C supplement to prevent or treat Wernicke's encephalopathy/Wernicke-Korsakoffs

CSV file header	Pharmacological sub-intervention	Definition
	Wernicke-Korsakoffs	
PHOTHMED	Any other medication for the treatment of drug misuse/dependence/withdrawal/associated symptoms	Client prescribed other medication for instance, any other medication not listed above but used for the treatment of drug or alcohol misuse or dependence or withdrawal or associated symptoms but not for unconnected illnesses and their symptoms

In addition to the above sub-interventions we also ask the following questions in relation to pharmacological sub-interventions:

Psychosocial sub-interventions

CSV file header	Psychosocial sub-intervention	Definition
PSYMOTI	Motivational interventions	<p>Motivational interventions aim to help service users resolve ambivalence for change and increase intrinsic motivation for change and self-efficacy through a semi-directive style and may involve normative feedback on problems and progress. They may be focused on substance specific changes and/or on building recovery capital. Motivational interventions can be delivered in groups or one-to-one and may involve the use of mapping tools.</p> <p>Motivational interventions require competences over and above those required for key working, and delivery within a clinical governance framework that includes appropriate supervision.</p> <p>Motivational interviewing and motivational enhancement therapy are both forms of motivational interventions</p>
PSYCNMG	Contingency management	<p>Contingency management (CM) provides a system of reinforcement or incentives designed to motivate behaviour change and/or facilitate recovery. CM aims to make target behaviours (such as drug use) less attractive and alternative behaviours (such as abstinence) more attractive.</p> <p>CM requires competences over and above those required for key working, and delivery within a clinical governance framework that includes appropriate supervision</p>
PSYFSNI	Family and social	Family and social network interventions engage one

CSV file header	Psychosocial sub-intervention	Definition
	network interventions	<p>or more of the client's social network members who agree to support the client's treatment and recovery. The interventions use psychosocial techniques that aim to increase family and social network support for change and decrease family and social support for continuing drug and/or alcohol use. These interventions may involve the use of mapping tools. They require competences over and above those required for key working, and delivery within a clinical governance framework that includes appropriate supervision eg social behaviour and network therapy (SBNT), community reinforcement approach (CRA), behavioural couples therapy (BCT) and formal family therapy</p>
PSYMNTH	Evidence-based psychological interventions for co-existing mental health disorders	<p>NICE guidelines for mental health problems generally recommend a stepped care approach. Low intensity psychological intervention for co-existing mental health problems, include guided self-help or brief interventions for less severe common mental health problems.</p> <p>High intensity psychological therapies (such as cognitive behavioural therapy) are recommended for moderate and severe problems. Typically, formulation-based and delivered by clinicians with specialist training who are registered with a relevant professional/regulatory body. They can be delivered in groups or one-to-one.</p> <p>Both low and high intensity interventions require additional competences for the worker and delivery within a clinical governance framework that includes appropriate supervision</p>
PSYDNMC	Psychodynamic therapy	<p>A type of psychotherapy that draws on psychoanalytic theory to help people understand the developmental origins of emotional distress and behaviours such as substance misuse, by exploring unconscious motives, needs, and defences.</p>
PSYSTP	12-step work	<p>A 12-step intervention for recovery from addiction, compulsion or other behavioural problems. Interventions are delivered within a clinical governance framework that includes appropriate supervision.</p>
PSYCOUN	Counselling – BACP Accredited	<p>A systematic process that gives individuals an opportunity to explore, discover and clarify ways of living more resourcefully, with a greater sense of well-being. This requires additional competences for the</p>

CSV file header	Psychosocial sub-intervention	Definition
		worker and delivery within a clinical governance framework that includes appropriate supervision
PSYCGBH	Cognitive and behavioural based relapse prevention interventions (substance misuse specific)	Cognitive and behavioural based relapse prevention interventions develop the service user's abilities to recognise, avoid or cope with thoughts, feelings and situations that are triggers to substance use. They include a focus on coping with stress, boredom and relationship issues and the prevention of relapse through specific skills eg drug refusal, craving management. They can be delivered in groups or one-to-one and may involve the use of mapping tools. They require competences over and above those required for key working, and delivery within a clinical governance framework that includes appropriate supervision eg CBT based relapse prevention (which may include mindfulness and 'third wave' CBT), behavioural self-control (alcohol)
PSYSCDP	Client involved in structured community day programme	<p>The client has attended structured community day programme during the last six-month period. These programmes are intensive care-planned community-based treatment interventions, consisting of a combination of evidence based and guideline supported psychosocial and recovery support interventions, but not recovery support interventions only. Clients who attend day programmes may also be receiving pharmacological interventions.</p> <p>Clients usually attend 3-5 days per week and for a minimum of 10 hours per week. Programmes follow a set structure, with specified attendance criteria, through either a fixed rolling programme or an individual timetable, usually involving group work and supported by regular keywork sessions. Programmes should address drug and alcohol use, health needs, social functioning, offending and life skills. Attendance may be a component of a criminal justice programme supervised by the Probation Service eg an Alcohol Treatment Requirement or a Drug Rehabilitation Requirement. Programmes should be accessible to – and meet the needs of – all, appropriately adapted to meet the needs of people with protected characteristics, and some programmes may specifically target priority groups in line with local needs assessments.</p>

Recovery support sub-interventions

During structured treatment, recovery support interventions should be recorded for interventions delivered alongside and/or integrated with a psychosocial or pharmacological intervention.

Recovery support interventions can also be delivered and recorded outside of structured treatment, following the recording of an exit from structured treatment.

CSV file header	Recovery support sub-intervention	Definition
RECPEER	Peer support involvement	<p>A supportive relationship where an individual who has lived experience of problem drug or alcohol use including affected others may be recruited on a paid or voluntary basis to provide support and guidance to peers. This peer support can be provided by peers volunteering or working in treatment services (peer-delivered) or by peers volunteering or working in peer-led initiatives (peer-led). Peer support can also include less formal supportive arrangements where shared experience is the basis but generic support is the outcome (for example, as a part of a social group). This may include mental health focused peer support where a person has co-occurring mental health conditions. Where peer support programmes are available, staff should provide information on and support access where people express an interest in using this type of support. Any peer support provided or signposted to must be age appropriate.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECMAID	Facilitated access to mutual aid	<p>Facilitating access to mutual aid (FAMA) is a short, simple and effective method for increasing mutual aid participation (see Facilitating Access to Mutual Aid). Mutual aid groups may be based on 12-step principles (such as Alcoholics Anonymous, Narcotics Anonymous and Cocaine Anonymous) or another approach (such as SMART Recovery). FAMA is a technique that can be used by treatment professionals. It involves using 1 or more one-to-one keyworking sessions to help people to engage with any mutual aid group (12-step and non-12-step).</p> <p>The FAMA guidance is based on 1-3 sessions. The number of sessions will vary between individuals, depending on each person's experience of engaging</p>

CSV file header	Recovery support sub-intervention	Definition
		<p>with mutual aid. As part of this process, staff introduce mutual aid including discussing any past experience, providing information about mutual aid groups and agreeing goals. This is followed by encouraging the individual to attend a mutual aid group including exploring barriers and solutions and reviewing goals. Where a person wants to try mutual aid, staff should facilitate the initial contact by, for example, arranging for them to meet a mutual aid group member, arranging transport or someone to accompany the person to the first session and dealing with any subsequent concerns. In follow-up sessions, staff take an active interest in the individual's attendance of and engagement with mutual aid. It is not enough to simply provide someone with a leaflet.</p> <p>See Adult Business Definitions appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECFMSP	Family support	<p>Staff have assessed the family support needs of the individual/family as part of a comprehensive assessment, or on-going review of their treatment package. Agreed actions can include arranging family support for the family in their own right or family support that includes the individual in treatment.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECPRNT	Parenting support	<p>Staff have assessed the family support needs of the individual as part of a comprehensive assessment, or on-going review of their treatment package. Agreed actions can include a referral to an in-house parenting support worker where available, or to a local service which delivers parenting support.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECHSE	Housing support	<p>Staff have assessed the housing needs of the individual as part of the comprehensive assessment, or on-going recovery care planning process, and has agreed goals that include specific housing support actions by the treatment service, and/or active referral to a housing agency for specialist housing support. Housing support</p>

CSV file header	Recovery support sub-intervention	Definition
		<p>covers a range of activities that either allows the individual to maintain their accommodation or to address an urgent housing need.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECEMP	Employment support	<p>Staff have assessed the employment needs of the individual as part of the comprehensive assessment, or on-going recovery care planning process, and agreed goals that include specific specialised employment support actions by the treatment service, and/or active referral to an agency for specialist employment support. Where the individual is already a claimant with Jobcentre Plus or the Work Programme, the referral can include a three way meeting with the relevant advisor to discuss education/employment/training (ETE) needs. The referral can also be made directly to an ETE provider.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECEDUT	Education and training support	<p>Staff have assessed the education and training related needs of the individual as part of the comprehensive assessment, or on-going recovery care planning process and agreed goals that include specific specialised education and training support actions by the treatment service, and/or active referral to an agency for specialist education & training support. Where the individual is already a claimant with Jobcentre Plus or the Work Programme, the referral can include a three way meeting with the relevant advisor to discuss ETE needs. The referral can also be made directly to an ETE provider.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECWPRJ	Supported work projects	<p>Staff have assessed the employment related needs of the individual as part of the comprehensive assessment, or on-going recovery care planning process and agreed goals that include the referral to a service providing paid employment positions where the employee receives significant on-going support to</p>

CSV file header	Recovery support sub-intervention	Definition
		<p>attend and perform duties.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECCHKP	Recovery check-ups	<p>Recovery check-ups involve post-treatment monitoring and feedback. It is comprised of a series of planned motivational sessions. The sessions focus on:</p> <ul style="list-style-type: none"> • checking in with people to find out how they are • offering support and encouragement and information and advice to help people to address any needs • using motivational interviewing techniques to support the person to re-engage in treatment where appropriate • identifying and addressing barriers to accessing support, including treatment. <p>These interventions should be informed by national guidance including national clinical guidelines and OHID's recovery support services and lived experience initiatives guidance, and ideally by local protocols.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECRLPP	Evidence-based psychosocial interventions to support relapse prevention	<p>Evidence based psychosocial interventions that support on-going relapse prevention and recovery (including counselling), delivered following successful completion of structured substance misuse treatment. These are interventions with a specific substance misuse focus and delivered within substance misuse services.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECCMPT	Complementary therapies	<p>Complementary therapies aimed at promoting and maintaining change to substance use, for example through the use of therapies such as acupuncture and reflexology that are provided in the context of substance</p>

CSV file header	Recovery support sub-intervention	Definition
		<p>misuse specific recovery support.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECGNH	Mental health interventions	<p>Evidence-based psychosocial interventions for common mental health problems that support continued recovery by focusing on improving psychological well-being that might otherwise increase the likelihood of relapse to substance use; this would include counselling. These are delivered following successful completion of structured substance misuse treatment and may be delivered by services outside the substance misuse treatment system following an identification of need for further psychological treatment and a referral by substance misuse services.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECSMOC	Smoking cessation	<p>Specific stop-smoking support has been provided by the treatment service, and/or the individual has been actively referred to a stop smoking service for smoking cessation support and take-up of that support is monitored. Suitable support will vary but should be more than very brief advice to qualify as an intervention here. It will most commonly include psychosocial support and nicotine replacement therapy and will be provided by a trained stop smoking advisor.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECDOMVIC	Client provided with domestic abuse support for victim/survivor	<p>Staff have assessed service user needs in relation to domestic abuse/violence as part of the comprehensive assessment or ongoing recovery care planning process. There are agreed goals that include support actions by the treatment service, and/or active referral to a specialist domestic abuse service. These services may include MARAC; community or refuge support providing safety planning, legal advice, advocacy and therapeutic interventions for victims/survivors and their children.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how</p>

CSV file header	Recovery support sub-intervention	Definition
		frequently they should be completed.
RECDOMPER	Client provided with domestic abuse support for perpetrator	<p>Staff have assessed service user needs in relation to domestic abuse/violence as part of the comprehensive assessment or ongoing recovery care planning process. There are agreed goals that include support actions by the treatment service, and/or active referral to a specialist domestic abuse service. Perpetrators of domestic abuse/violence may attend a perpetrator programme.</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p>
RECMEDRLP	Has the client been provided prescribing for relapse prevention (post structured treatment only)?	<p>Drug relapse prevention - naltrexone prescribed in line with NICE Technology Appraisal TA115 ('Naltrexone for the management of opioid dependence').</p> <p>Alcohol relapse prevention - Acamprosate, oral naltrexone, or disulfiram (prescribed in line with NICE Clinical Guidance CG115 'Alcohol Use Disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence').</p> <p>See Adult Business Definitions Appendix J for further information on sub intervention reviews and how frequently they should be completed.</p> <p>If a client is being discharged from the structured part of their programme but still receiving Acamprosate, it would be on the basis of 'a final script' eg not on-going. If it is on-going then the client would need to be retained in structured treatment.</p>
RECPEERLED	Referral to peer-led initiatives	<p>People with lived experience leading activities, groups and organisations that provide a range of harm reduction interventions, peer support and recovery support, and help people to access and engage in treatment and other support services. This does not include treatment provider-led initiatives.</p> <p>Peer-led initiatives range from small, unconstituted groups with no formal legal structure to established lived experience recovery organisations (LEROs). A LERO is an independent organisation led by people with lived experience of recovery.</p>
RECCONCAR	Continuing care	<i>Please note: the continuing care sub-intervention has been introduced as a 'placeholder'; there is no current</i>

CSV file header	Recovery support sub-intervention	Definition
		<p><i>requirement for this to be completed.</i></p> <p>Continuing care involves both post-treatment monitoring and feedback and supportive interventions. It involves treatment services offering lower intensity interventions after a person has met their treatment goals and is in recovery. This intervention offers a more extensive (longer term) form of what has traditionally been called “aftercare”. Continuing care mainly involves ongoing assessment and psychosocial intervention. Psychological techniques used include:</p> <ul style="list-style-type: none"> • motivational interviewing • individual or group relapse prevention including identifying early warning signs and using mindfulness techniques • behavioural contracting (where a person agrees in writing to change an identified behaviour within a specified timeframe, often for rewards). <p>These interventions should be informed by national guidance including national clinical guidelines and OHID’s recovery support services and lived experience initiatives guidance, and ideally by local protocols.</p>

Interventions flagging specific funding streams

Activity from IPS, RSDATG and Housing Support Grant funded posts, that run alongside structured treatment (and any subsequent recovery support), should be recorded via the appropriate intervention and included in NDTMS monthly data returns.

The IPS, RSDATG and Housing Support Grant interventions can pre-date ‘Triage Date’ and overlap ‘Discharge Date’ but should only be reported for those in structured treatment (and any subsequent recovery support).

When the IPS, RSDATG and Housing Support Grant interventions end (or where a subsequent structured episode starts), the intervention should be closed.

Appendix K: setting

Each provider has their own default setting. If a client is being treated in a setting other than their default, then the 'setting' field should be populated. This could include where treatment is being delivered by a provider that does not normally report to NDTMS. If this field is left blank the default setting will be assumed.

Code	Reference data	Definition
1	Community	A structured drug and alcohol treatment setting where residence is not a condition of engagement with the service. This will include treatment within community drug and alcohol teams and day programmes (including rehabilitation programmes where residence in a specified location is not a condition of entry)
3	Primary care	Structured substance misuse treatment is provided in a primary care setting with a General Practitioner, often with a special interest in addiction treatment, having clinical responsibility
4	Secure setting	Structured drug and alcohol treatment delivered by a locally commissioned substance misuse team within the prison establishment providing the full range of drug and alcohol interventions in line with the evidence base articulated in the Patel Report
6	Recovery house	<p>A recovery house is a residential living environment, in which integrated peer-support and/or integrated recovery support interventions are provided for residents who were previously, or are currently, engaged in treatment to overcome their drug and alcohol dependence. The residences can also be referred to as dry-houses, third-stage accommodation or quasi-residential.</p> <p>Supported housing that does not provide such integrated substance misuse peer or recovery support as part of the residential placement is not considered a recovery house for this purpose.</p> <p>Recovery houses may be completely independent or associated with a residential treatment provider or housing association. Some will require 'total abstinence' as a condition of residence whereas others may accept people in medication assisted recovery who are otherwise abstinent</p>
15	Residential rehab (Privately funded)	<p>A structured drug and alcohol treatment setting where residence is a condition of receiving the interventions. This option should be chosen where a client has been privately funded.</p> <p>Although such programmes are usually abstinence based, prescribing for relapse prevention or for medication assisted recovery are also options. The programmes are often, although not exclusively, aimed at people who have had difficulty in overcoming their dependence in a community setting.</p>

Code	Reference data	Definition
		<p>A residential programme may also deliver an assisted withdrawal programme. This should be sufficiently specialist to qualify as a ‘medically monitored’ inpatient service – and it should meet the standards and criteria detailed in guidance from the Specialist Clinical Addictions Network. This level of support and monitoring of assisted withdrawal is most appropriate for individuals with lower levels of dependence and/or without a range of associated medical and psychiatric problems.</p> <p>Within the residential setting, people will receive multiple interventions and supports (some of which are described by the intervention codes) in a coordinated and controlled environment. The interventions and support provided in this setting will normally comprise both professionally delivered interventions and peer-based support, as well as work and leisure activities</p>
16	Residential rehab (LA funded)	<p>A structured drug and alcohol treatment setting where residence is a condition of receiving the interventions. This option should be chosen where a client has been funded by the local authority.</p> <p>Although such programmes are usually abstinence based, prescribing for relapse prevention or for medication assisted recovery are also options. The programmes are often, although not exclusively, aimed at people who have had difficulty in overcoming their dependence in a community setting.</p> <p>A residential programme may also deliver an assisted withdrawal programme. This should be sufficiently specialist to qualify as a ‘medically monitored’ inpatient service – and it should meet the standards and criteria detailed in guidance from the Specialist Clinical Addictions Network. This level of support and monitoring of assisted withdrawal is most appropriate for individuals with lower levels of dependence and/or without a range of associated medical and psychiatric problems.</p> <p>Within the residential setting, people will receive multiple interventions and supports (some of which are described by the intervention codes) in a coordinated and controlled environment. The interventions and support provided in this setting will normally comprise both professionally delivered interventions and peer-based support, as well as work and leisure activities</p>
17	Inpatient unit (Privately funded)	<p>An inpatient unit provides assessment, stabilisation and/or assisted withdrawal with 24-hour cover from a multidisciplinary clinical team who have had specialist training in managing addictive behaviours. In addition, the clinical lead in such a service comes from a consultant in addiction psychiatry or another substance misuse medical specialist. The multi-disciplinary team may include psychologists, nurses, occupational therapists, pharmacists and social workers. Inpatient units are for those alcohol or drug users</p>

Code	Reference data	Definition
		<p>whose needs require supervision in a controlled medical environment</p> <p>This option should be chosen where a client has been privately funded.</p>
18	Inpatient unit (LA funded)	<p>“An inpatient unit provides assessment, stabilisation and/or assisted withdrawal with 24-hour cover from a multidisciplinary clinical team who have had specialist training in managing addictive behaviours. In addition, the clinical lead in such a service comes from a consultant in addiction psychiatry or another substance misuse medical specialist. The multi-disciplinary team may include psychologists, nurses, occupational therapists, pharmacists and social workers. Inpatient units are for those alcohol or drug users whose needs require supervision in a controlled medical environment</p> <p>This option should be chosen where a client has been funded by the local authority.</p>

Appendix L: recording outcomes

The Treatment Outcomes Profile (TOP) is a national outcomes monitoring tool for clients receiving substance misuse treatment. The TOP must be used for clients in adult services and consists of a simple set of questions that can aid improvements in clinical practice by enhancing assessment and care plan reviews. It can also help to ensure that each service user's recovery care plan identifies and addresses his or her needs and treatment goals. Young persons services use a similar record called the Young Persons Outcomes Record (YPOR).

There are 3 different areas covered by the TOP – substance use, substance risk behaviours and health and social functioning. The latter includes information on psychological health, physical health, work/education, housing and overall quality of life.

The start TOP should be completed for all adult clients within the 2 weeks either side of their first intervention start date and reflect upon the previous 4 weeks. This will provide a baseline record of behaviour in the month prior to the client starting treatment.

All questions on the form should be answered; zero should be recorded where the client does not use that particular substance, and NA used when the question has not been answered.

A review TOP should be undertaken at 3 months, 6 months and thereafter at 6 monthly intervals following the first intervention start date and a final TOP should be completed on discharge from treatment for all planned exits. If the provider is not able to see the client face-to-face then the TOP can be done over the phone if necessary.

The following pages contain process maps for clients:

- in adult services
- transferred to an adult service from a secure setting
- transferred to an adult service from a YP service

TOP process map for clients in treatment at an adult service

Client enters treatment at an adult provider. Every client attending an adult service should have a TOP completed.

Local treatment



Treatment start

The provider completes a start TOP. The start TOP needs to be anchored to the earliest intervention start date and completed +/- 14 days of this date. If the client is being seen at multiple providers, the providers must agree who the TOP care coordinator is. They will be responsible for completion of the client's TOP records.



During treatment

Throughout treatment the provider (the TOP care coordinator) completes review TOP at an initial 3 month interval and thereafter 6 monthly intervals following the first intervention start date.



Treatment exit

The provider must complete an exit TOP for all clients who exit in a planned way +/- 14 days of their discharge date.

The TOP can be completed over the phone if it is not possible for the client to be seen face-to-face.

TOP/YPOR process map for clients being transferred from a YP service to an adult service

Client enters treatment at young person's provider. Every client attending a young person's service should have a YPOR completed, regardless of the client's age.

Local treatment



YP provider

The provider completes a YPOR. The YPOR needs to be anchored to the earliest intervention start date and completed +/- 14 days of this date. YPORs can also be completed at care plan review if deemed useful at a local level.



Client is discharged from YP provider, transferred to adult service ('Transferred - not in custody') and starts an intervention at the adult service within 21 days of discharge.

YP provider

Complete an exit YPOR to show outcomes at the end of the YP's time in YP service.



Adult provider

The provider must complete a start TOP. This and any further review records should be anchored to the first intervention start date at the adult service.

If the client is being seen at multiple services, then there must be an agreement between the services as to who is the TOP care coordinator.



At exit, a final outcomes record (TOP) must be completed +/- 14 days either side of the discharge date.

Appendix M: brief interventions

[NICE PH24](#) describes Extended Brief Interventions (EBIs) for alcohol use as follows.

Who is the target population?

Adults who have not responded to structured brief advice on alcohol and require an extended brief intervention or would benefit from an extended brief intervention for other reasons.

Who should take action?

NHS and other professionals in the public, private, community and voluntary sector who are in contact with adults and have received training in extended brief intervention techniques.

What action should they take?

Offer an extended brief intervention to help people address their alcohol use. This could take the form of motivational interviewing or motivational-enhancement therapy. Sessions should last from 20 to 30 minutes. They should aim to help people to reduce the amount they drink to low-risk levels, reduce risk-taking behaviour as a result of drinking alcohol or to consider abstinence.

Follow up and assess people who have received an extended brief intervention. Where necessary, offer up to 4 additional sessions or referral to a specialist alcohol treatment service.

What to report to NDTMS?

One-off brief interventions or extended brief interventions for alcohol use should not be reported to NDTMS.

Extended interventions should only be reported to NDTMS where the service has provided an assessment and care plan followed by brief treatment comprising multiple planned

Extended Brief Intervention (EBI) sessions with a treatment goal of abstinence or reducing consumption. This can be recorded as a Psychosocial Intervention and record the psychosocial sub-intervention 'motivational interventions'.

See table below for further information:

<p>Identification and Brief Advice (IBA)/Screening and Brief Intervention (SBI)</p> <p>IBA and SBI refer to an AUDIT screen followed by an explanation of the results and 5 or so minutes of brief lifestyle advice or (as a minimum) an information leaflet</p>	<p>Commissioners may wish to record IBA/SBI locally but they should not be recorded on NDTMS.</p>
<p>A single Extended Brief Intervention (EBI)</p> <p>A single 20 to 30 minute session as described by NICE</p>	<p>Commissioners may wish to record single EBIs locally but they should not be recorded on NDTM</p>
<p>Multiple planned Extended Brief Interventions (EBIs) should be considered brief treatment</p> <p>More than one and up to 4 additional sessions are planned. It is expected that:</p> <ul style="list-style-type: none"> • treatment is based on a comprehensive assessment of need • treatment is delivered according to a recovery care plan, which sets out clear goals which include change to substance use and is regularly reviewed with the client • the recovery care plan sets out clear goals for other needs of the client which address one or more of the domains that form part of the Treatment Outcomes Profile • all interventions must be delivered by competent staff 	<p>This would constitute structured treatment and should be reported to NDTMS under a Psychosocial Intervention and record the psychosocial sub-intervention 'motivational interventions</p>

Appendix N: referral date to service

In CDS-P (April 2020) a new field was introduced 'referral date to service' to give a better understanding of the full client pathway. This should be used to record the date that the client was initially referred to the service, this would include any non-structured treatment that is undertaken prior to structured treatment.

For clients released from the secure estate this would be the date they initially engaged with the community service post release.

Treatment providers should continue to record all other dates (including referral date, triage date etc) as before, as per the NDTMS business definitions.

Scenarios

The following scenarios illustrate how the referral date to service should be recorded.

Scenario 1: self-referral

Scenario: the client presents to the treatment service, is immediately assessed and it is agreed that they should enter structured treatment.

01/04/2020
Client self-refers to treatment provider



Client is immediately assessed, and it is agreed they require structured treatment

Referral date to service = 1 April 2020
Referral date = 1 April 2020

Scenario 2: a period of non-structured treatment before structured treatment

Scenario: the client engages in a mutually agreed period of non-structured treatment prior to structured treatment.

26/03/2020

Client meets with external referrer. They agree a referral to service.



02/04/2020

Referral received by service.



10/04/2020

Client presents at service. Non-structured treatment provided prior to structured treatment.



19/05/2020

Mutually agreed that client is now ready to commence structured treatment and is referred for a structured intervention.

Referral date to service = 2 April 2020

Referral date = 19 May 2020

Scenario 3: outreach work followed by a period of non-structured treatment before structured treatment

Scenario: The service is working with the client in an outreach capacity for several months before the client agrees to come to the service for non-structured treatment. After several months of non-structured treatment, the client agrees to enter structured treatment.

01/04/2020

Service engages client in needle exchange programme, but client does not want to enter treatment.



01/09/2020

Client agrees to attend the service for non-structured treatment.



05/09/2020

Client presents to service and attends non structured group work.



01/12/2020

Mutually agreed that client would like to commence structured treatment and is referred for a structured intervention.

Referral date to service = 1 September 2020

Referral date = 1 December 2020

Scenario 4: discharged from structured treatment, received recovery support, re-engaged with treatment

Scenario: The client has received structured treatment and has been discharged. After discharge the client engages in recovery support (after care). During this time the client relapses and it is agreed that the client should attend the service for non-structured treatment. After a period of non-structured treatment, the client agrees to re-enter structured treatment.

01/04/2020

Client is discharged from structured treatment and continues to engage in peer support.



01/06/2020

It is identified that the client is at risk of relapse and would benefit from non-structured treatment.



07/06/2020

Client presents to service and attends non-structured group work.



18/06/2020

It is mutually agreed that the client may benefit from structured treatment. The client is immediately assessed and offered a CBT appointment.

Referral date to service = 1 June 2020

Referral date = 18 June 2020

Appendix O: recording short residential rehab or secure setting stays

This appendix details how a client being transferred into a secure setting or residential rehab should be recorded on NDTMS, and what should happen if/when they return to the community service at a later date.

Discharging a client from a community service and transferring them to residential rehab or a secure setting

If a client with an ongoing structured treatment need is transferred to a residential rehab or a secure setting from a community treatment provider, the community provider should:

1. close all interventions by populating the intervention end date
2. enter the date that the client is discharged (likely to be the date that they enter the residential rehab or the secure setting)
3. record a discharge reason of either 'Transferred – Not in Custody' or 'Transferred – in Custody' as appropriate
4. complete a combined review form (CRF) including SIR, CIR and TOP

The client re-presents to the community service within 21 days of discharge

If the client comes back to the community treatment provider within 21 days of being discharged from that provider, the service may reopen the previous episode of treatment by:

- removing the discharge date
- removing the discharge reason

It is imperative that the closed interventions are not reopened but new interventions are started to indicate that the client has re-engaged.

The client re-presents to the community service after 21 days or more

If the client comes back to the community treatment provider after 21 days or more the previous episode must remain discharged and closed and a new episode will need to be opened. The service will need to recapture the NDTMS information required at presentation.

Where the community treatment provider has open recovery support interventions for ongoing recovery check-ups or other ongoing non-structured support provided whilst the client was in residential rehab/the secure setting, then these non-structured interventions will need to be closed and reopened in the new structured episode.

Appendix P: Combined Review Form (CRF)

The Combined Review Form (CRF) combines the following dataset entities into one form and one process:

- Treatment Outcomes Profile (TOP)
- Client Information Review (CIR)
- Sub-intervention Review (SIR)

It should be completed at least every 6 months and on discharge

Note: At treatment start and at 3 months, only the TOP section of the CRF is required.

The TOP section should be completed at treatment start, at 3 months, and thereafter at least every 6 months and on discharge for planned exits. The client needs to be present when the TOP is completed.

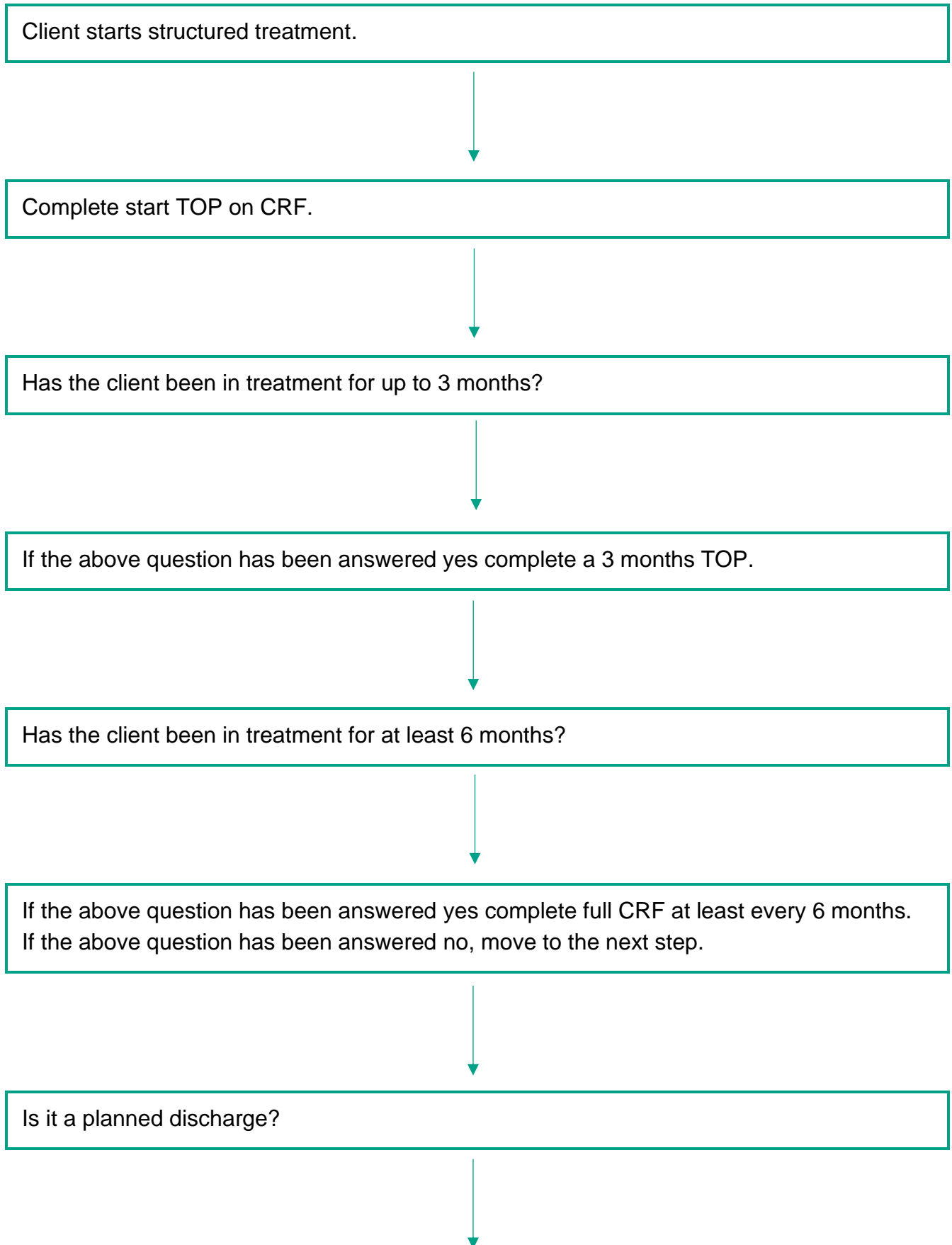
The CIR section should be fully completed at least every 6 months and on discharge for planned exits. All data items should be reviewed and completed to reflect the latest status.

A partial CIR should be completed on discharge for unplanned exits. A partial CIR can also be completed more frequently to notify us of changes to data, such as BBV information. The client needs to be present for the majority of the CIR to be completed.

The SIR should be completed at least every 6 months and on discharge. This information should be reported retrospectively to notify us of the interventions the client has received since treatment start or since their last SIR. The client does not need to be present when the SIR is completed.

When a client is only receiving a Recovery Support intervention post structured treatment, only the SIR section of the CRF needs to be completed.

The flowchart below will help to understand which parts of the CRF need to be completed and when:



If the above question has been answered yes, complete a full CRF.

If the above question has been answered no, complete SIR section of CRF and consider a partial CIR.

Note: You can also complete a partial CIR if there are changes to fields such as BBV.

TOP Care Coordinator

Are you the TOP CC? If not, then you do not need to complete the TOP section of the CRF.

Appendix Q: Changes to the NDTMS adult community dataset implemented in dataset R

Field being moved

National Insurance number (IPS) is being moved from the client level data to the episode level data.

Fields being removed

Level	CSV File Header	Field
Client	IPSCCLIENT	Client participating in IPS
Episode	DAT	DAT of residence
Episode	LA	Local Authority
Sub-intervention Review	PHMETSTBL	Methadone (oral solution)* - Opioid assessment & stabilisation
Sub-intervention Review	PHMETWTH	Methadone (oral solution)* - Opioid withdrawal
Sub-intervention Review	PHMETMAIN	Methadone (oral solution)* - Opioid maintenance
Sub-intervention Review	PHBUPSTBL	Buprenorphine (tablet/wafer)# - Opioid assessment & stabilisation
Sub-intervention Review	PHBUPWTH	Buprenorphine (tablet/wafer)# - Opioid withdrawal
Sub-intervention Review	PHBUPMAIN	Buprenorphine (tablet/wafer)# - Opioid maintenance
Sub-intervention Review	PHBUNASTBL	Buprenorphine (tablet/wafer) with naloxone# - Opioid assessment & stabilisation

Level	CSV File Header	Field
Sub-intervention Review	PHBUNAWTH	Buprenorphine (tablet/wafer) with naloxone# - Opioid withdrawal
Sub-intervention Review	PHBUNAMAIN	Buprenorphine (tablet/wafer) with naloxone# - Opioid maintenance
Sub-intervention Review	PHBUDIWITH	Buprenorphine depot injection (rods or fluid) - Opioid withdrawal
Sub-intervention Review	PHBUDIMAIN	Buprenorphine depot injection (rods or fluid) - Opioid maintenance

Fields being added

Level	CSV File Header	Field
Episode	REFHEPCTXDT	Referred to Hep C treatment date
Sub-intervention Review	SUBODTR	Illicit opiate/opioid drug test result
Sub-intervention Review	SUBCDTR	Cocaine drug test result
Sub-intervention Review	SUBOPPI	Current opioid prescribing intention. If client not currently prescribed, record latest prescribing intention in the review period.
Sub-intervention Review	PHMETH	Methadone (oral solution)*
Sub-intervention Review	PHBUPREN	Buprenorphine (tablet/wafer)#
Sub-intervention Review	PHBUDI	Buprenorphine depot injection (rods or fluid)
Sub-intervention Review	PSYSCDP	Client involved in structured community day programme

Level	CSV File Header	Field
Sub-intervention Review	RECPEERLED	Referral to peer-led initiatives
Sub-intervention Review	RECCONCAR	Continuing care
Treatment Outcomes Profile	USHCOND	Reason housing is unsuitable - Poor condition of the accommodation
Treatment Outcomes Profile	USHUNSAFE	Reason housing is unsuitable - Location (unsafe)
Treatment Outcomes Profile	USHUNSUIT	Reason housing is unsuitable - Location (unsuitable)
Treatment Outcomes Profile	USHAFF	Reason housing is unsuitable - Affordability
Treatment Outcomes Profile	USHOVER	Reason housing is unsuitable - Overcrowding
Treatment Outcomes Profile	USHNEEDS	Reason housing is unsuitable - Doesn't meet the needs of the individual
Client Information Review	CIRREFHEPCTXDT	CIR Referred to Hep C treatment date
Client Information Review	CIREMPSTAT	CIR Employment status

Reference data within appendices

There have been a number of changes to reference data items which have been amended/removed/added to this document. For a full list of changes and all permissible data items, refer to the [Reference Data document](#).

Revision History

Version	Author	Purpose/reason
1.1	J Palmer	PREGNANT/CIRPREGNANT - removed "applies to female clients only" DOMVIC/DOMPER - removed reference to secure estates USHOVER - added definition of overcrowding Formatting updates
1.2	S Grimwood	Minor amendments to improve clarity and remove ambiguity.
1.3	P Brand	Updates to SUBOPPI, PHDOSMET, PHDOSBUP and PHOSTSPVD definitions to reflect data recording for clients not currently being prescribed.